



Erica  
Welcoming  
Booklet  
2026

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# CARLA STANGER

## Contact

📞 021 808 2429  
✉️ [cstanger@sun.ac.za](mailto:cstanger@sun.ac.za)

RESIDENCE HEAD

### Dear Erica Newcomer 2026,

Congratulations on your placement in Erica Residence for 2026! You are about to embark on an exciting journey at Stellenbosch University, and we can't wait to welcome you to the Erica family. Your new home awaits, and we look forward to meeting you on Tuesday, 27 January 2026, as we kick off a fun-filled 10-day welcoming program.

As a newcomer, you likely have many questions, and our leadership team will be in touch over the coming weeks to help. They are passionate about supporting you as you settle in and making sure your Erica experience is unforgettable. They've put much thought into creating a programme that will help you feel at home and prepare for the year ahead.

Allow me to introduce myself. I'm Carla Stanger, your Residence Head. I'm also a Data Analyst at Stellenbosch University. In my free time, I enjoy Earl Grey tea, wildlife adventures, and time with friends, family, and my dogs (who you'll find are well-loved here at Erica).

Erica isn't just a building; it's a community built on friendships, support, and shared experiences. We aim to cultivate a space where you'll not only work towards your degree but also grow as an individual and an engaged citizen. Our values (respek, inclusivity, compassion, and umanyano) guide everything we do, and we hope you will contribute to this vibrant community.

I hope you find a sense of belonging at Erica, achieve academic success, and build lifelong connections. Most importantly, I encourage you to be yourself, look after your well-being, and find your balance as you start this new chapter. Think about how you want to make an impact, not just at Erica, but in your community, at Stellenbosch University, and beyond.

We can't wait to see all you will accomplish! See you soon!

**Kindest regards | Vriendelike Groete | Ngemibuliso emihle**  
Erica Residence Head  
[cstanger@sun.ac.za](mailto:cstanger@sun.ac.za)



# TIMONÉ LABUSCHAGNE

## Contact

📞 071 747 7448

✉️ 27860620@sun.ac.za

## PRIMARIA

### Dear Newcomer of 2026,

What a privilege it is to write you this letter! I remember getting this booklet before my first year, reading it top-to-bottom, ten times over. Trying to get as much information about the next few years of my life as possible!

Firstly, I want to congratulate you on your acceptance into Stellenbosch University and Erica! The leadership team, as well as the rest of the house, is so excited to welcome you into our family!

As your Primaria, I am beyond excited for you to step into this new phase of your life. It is such a blessing to not only lead the house in this upcoming year, but to lead the house with you in it!

Erica has truly changed my life. It has provided me with opportunities to grow as a person. Allowing me a safe space where I can make mistakes and learn from them. But more than that, Erica provided me with a community that has my best interests at heart. With people, I can see myself being friends with long after university. My hope for you is that you will walk out of Erica one day feeling the same way!

I want to encourage you to give yourself to this process of newness. Give yourself to the process of having a roommate, moving away from home and possibly having to do your own laundry. You will only experience this type of newness once in your life, so enjoy every bit of it!

Good luck with the last bit of packing and preparation! I am counting down the days until we get to know you and welcome you home.

**Lots of love,  
Timoné Labuschagne**



# CADY DAVIDS

## Contact

📞 067 695 2766  
✉️ 28132610@sun.ac.za

## VICE-PRIMARIA

### Dear Newcomers of 2026!

You've made it! All those long nights, early mornings, and moments of doubt were worth it, because here you are, standing at the start of an incredible new chapter. Your future is bright, and I hope you know that you are chosen, loved, and so special. As you step into this new chapter, I hope it brings you joy, growth, and the kind of memories that remind you why you started. Growth isn't always easy; sometimes it stretches you in ways you don't expect, but it's in those exact moments that you'll find out just how strong you are.

You might be feeling a mix of excitement and nerves right now (and maybe questioning how on earth you're going to find your way around campus and meet new friends), but let me tell you that whatever you are currently feeling is completely normal. You are here on purpose, and you are exactly where you're meant to be.

As your Vice-Primaria, I can confidently say that you are in the best hands, with a Primaria who leads with so much heart, a driven and ambitious HC team, and mentors who genuinely care. We've put so much planning and thought into preparing for you, and it's truly a privilege to give back to the house that once poured so much into us. We hope to make your time at Erica as meaningful, inspiring, and unforgettable as ours was.

Living in Erica has been one of my life's greatest joys, and I am forever grateful to be part of the Erica family. At Stellenbosch University, you're surrounded by opportunities to grow, explore, and discover your purpose. And your Erica family will be right there through it all, cheering you on, holding you when you need support, and reminding you that you're capable of more than you think.

So my challenge to you is to show up for yourself, and for this new chapter. Be brave enough to try new things, even when they scare you. Be kind, not just to others, but to yourself. Enjoy every single moment as a newcomer. Take it all in, the laughter, the late nights, the little things. Because before you know it, you won't just be newcomers, you'll be proud Ericaners. I can't wait to meet you and to share this incredible journey together.

**All my pink love,  
Cady Davids**



# NEO NDLOVU

## Contact

📞 076 821 6163  
✉️ 27964396@sun.ac.za

HEAD MENTOR

### Dear Erica Newcomer

First and foremost, congratulations. The journey that brought you here wasn't easy – I know it came with sweat, tears, late nights, and moments of doubt. So, before anything else, I want to honour that. You've earned your place in this community, and I'm proud of you.

Now, welcome to your home away from home.

I still remember my first day walking into Erica. I was nervous – unsure of what this space would mean, what I'd find, and who I'd become here. But the people I met didn't just greet me. They saw me. And slowly, this building became a home.

This place has a way of turning strangers into family, and ordinary days into memories you'll carry long after you leave.

So, if you're feeling unsure, that's okay. If you're wondering where you fit, or how you'll find your rhythm – that's okay too. My advice to you is even in fear, allow yourself to lean in. To connect. To be curious. To laugh loudly and cry safely. To write your own Erica story, one moment at a time.

You're not alone in this. We – your HC, your mentors, your peers, your community – are here to help you fill those chapters. To walk beside you, celebrate with you, and remind you that you belong.

**With all my pink love,  
Neo Ndlovu  
Head Mentor**



# MIA UYS

## Contact

📞 076 844 7952  
✉️ 28145399@sun.ac.za

## WELCOMING LEADER

### Dear Erica Newcomers of 2026

Wow, just as you're feeling all the emotions about what next year will hold, know that everyone here at Erica is already so excited to meet you! We've been wondering who will move into our old rooms, what new friendships will form, and how you'll make this space your own. The excitement of welcoming you into your new home is something we truly can't wait for. As your HC, I can't wait to be part of welcoming you home and seeing you make this space your own.

My hope for you is that you take hold of this opportunity, the start of your university journey, and give it your all. University is truly unlike anything you've experienced before. It's a season of growth, discovery, and becoming more confident in who you are. I'm so excited for you to meet new people, make unforgettable memories, and grow into the amazing version of yourself that's waiting to bloom here at Erica.

As you enjoy all the lasts this season holds, take time to soak it up and savour it. But know that there is so much to look forward to, new friendships, special moments, and a community that's ready to welcome you with open arms into your home away from home.

My biggest tip? Don't sweat the small stuff. Don't overthink or overcomplicate things. You'll be surrounded by people who are experiencing this all for the first time, just like you. And you'll also have us, a group of people who've been where you are, ready to help, support, and share advice whenever you need it.

We can't wait to meet you, and we can't wait for you to be part of this house. If you're reading this, know you're already part of the Erica family.

And no, you don't need to love pink yet... but trust me, you'll grow to love it because it represents the amazing people you'll share your new home with.

**All my Pink Love**  
**Mia Uys**



# AMIRAH HOLMES

## Contact

- 062 842 0424
- 27065715@sun.ac.za

## WELCOMING LEADER

### Dear Ericaner

Welcome to your second home!

Erica is not just a residence; it is a community that radiates compassion, kindness, and a unique warmth that makes our signature pink spirit come alive. Here, you'll find people who lift each other up, laugh until our stomachs hurt, and show up for one another in the smallest but most meaningful ways. I am super-duper excited for you to experience this space where comfort, growth, and joy intertwine.

As one of your Welcoming Leaders, alongside Mia, I want you to know that every moment of Welcoming has been designed with you in mind. I know firsthand how overwhelming this period can be; emotions are high, everything is new, and it is easy to feel out of place. I, too, was a Newcomer once. But don't let that stop you from embracing the experience. Every task, game, and icebreaker is crafted to help you settle in, connect, and discover what being an Ericaner is all about. So, take a deep breath and dive in with both hands and an open mind!

Congratulations on making it to this incredible chapter of your life! Finishing matric is no small feat, and now you stand at the doorstep of an exciting journey filled with endless opportunities. University life and the independence that comes with it can be a big adjustment. Just remember that you are not alone; the House Committee, as well as your mentor, are here to guide, support, and cheer you on throughout the year.

This Welcoming Booklet holds everything we believe you will need to start off on the right foot. We can't wait to watch you grow and find your place within our pink family.

**Pink love,  
Amirah Holmes**

*About  
Erica*





# Welcome to Erica

PASSION FOR PINK, A POWERFUL PRESENCE.

**Name:**

Erica comes from the Erica flower.

**Since:**

We were established in 1975.  
We are the oldest of the 3 Sister Residences:  
Erica, Nemesia & Serruria.



**Colour:**

We are the only pink residence on campus.



# Vision & Values



*Erica, as a residence, aims to establish a culture and environment where each resident can flourish in all aspects of their lives.*

*Erica provides a safe space with opportunities to build meaningful relationships, empowering Ericaners to pursue their dreams and establish their identities.*

To bring this mission to life, we stand on values that truly represent who we are as Ericaners.

They help us understand what matters most, guide how we treat one another, and shape the atmosphere we want to create. At

Erica, our values were chosen because they reflect the kind of community we are committed to building. Compassion, Umanyano, Respek, and Inclusivity capture the spirit of togetherness, care, and mutual upliftment that has shaped Erica for generations.

## Umanyano (Unity)

The coming together to achieve our common goals, without imposing uniformity or losing individuality.

## Inclusivity

The celebration of our diversity through creating spaces that acknowledge and encourage our similarities and unique differences.

## Respek (Respect)

Being considerate to yourself, others, and our shared surroundings through an attitude of integrity and accountability.

## Compassion

Caring and attending to others' needs with grace by giving and offering time, knowledge, and skills, all within healthy boundaries for the betterment of Erica.



# HOUSE SONG

Lyrics

English Translation

She's standing here for fifty  
years,

Our house Erica

Symbol of beauty, new life,  
youth

Soul and character.

Ons is die pienk paleis.

Ons is trots op ons unieke  
huis,

Ons loop die ekstra myl,

Ja, ons is dames met styl.

Ikhayaletu elamkelayo,

Sihlala sisekhaya,

Siyakuthanda

iErica yethu.

She's standing here for fifty  
years,

Our house Erica

Symbol of beauty, new life,  
youth

Soul and character.

We are the pink palace.

We are proud of our unique  
home,

We go the extra mile,

Yes, we are ladies with style.

Our welcoming home,

We always belong here,

We love

Our Erica.

Would you like to hear it?

[Click here](#) for video of the Erica House Song.

# South African Languages

## English

"Hello"  
"How are you?"  
"Goodbye"

## Afrikaans

"Hallo"  
"Hoe gaan dit  
met jou?"  
"Totsiens"

## isiXhosa

"Molo"  
"Unjani"  
"Hamba kakuhle"  
"Sala kakuhle"

## Siswati

"Sawubona"  
"Unjani"  
"Hamba kahle"  
"Sala Kahle"

## Sesotho

"Dumela"  
"O kae"  
"Tsamaya hantle"  
"Sala Hantle"

## isiZulu

"Sawubona"  
"Unjani"  
"Hambakahle"  
"Sala Kahle"

## Setswana

"Dumela"  
"O tsogile jang?"  
"Le kae" "Tsamaya  
sentle"  
"Sala sentle"

## Sepedi

"Dumela"  
"O kae"  
"Gabotse"

## isiNdebele

"Lotjhani"  
"Unjani"  
"Lisle kuhle"

## Xitsonga

"Avunxeni"  
"Ku njhani"  
"Sala kahle"

## Tshivenda

"Ndaa"  
"Who vuwa  
hani" "Salani"

# Meet the Team

## House Committee



The House Committee (HC) is a group of Ericaners that have been chosen by the house to lead, support, and uplift Ericaners throughout the year. We fulfill the role of creating an environment that makes our residents feel loved and at home. Each of us taking care of a different part of Erica Residence, guided by our respective portfolios. We have a passion for the people in the house and it is our privilege and mission to represent them well!



**Timoné Labuschagne**

**Primaria**  
Elections, External Affairs,  
Leadership Development



**Cady Davids**

**Vice-Primaria**  
Branding, Internal Affairs,  
Parking, Safety, Room Allocations



**Neo Ndlovu**

**Head Mentor**  
Academics, Mentors, Tutors



**Ruth Bateman**

Maintenance and Storage,  
Sustainability, Wellness



**Amirah Holmes**

Alumni, Culture, Welcoming



**Tiny Makhanya**

Connect, Photography, Social  
Media, Staff Relations



**Amy Müller**

Finance, Merchandise, Socials



**Jodie Petersen**

Critical Engagement, Fedics,  
Social Impact



**Lara Potgieter**

Communications, Constitution,  
Discipline



**Nala Steward**

Cluster, Seniors, Sisterhood



**Lee-Ann Usher**

Derby, Fladderfees, IBN, IT &  
Sound, Sport



**Mia Uys**

Events, Newcomers, Welcoming



*Unwritten*

- *Natasha Bedingfield*

## Ruth Bateman

Cape Town

3<sup>rd</sup> Year -BA (Law)

**What does Erica mean to you?**

"It's a beautiful community filled with encouraging people."

**You can instantly master one skill. What's your pick?**

"Learning new languages quickly."

**Most used phrase:**

*"Don't threaten me with a good time."*



*Breaking free*

-*High School Musical*

## Cady Davids

Pretoria, Gauteng

3<sup>rd</sup> Year - BCom (Management Sciences)(EDP)

**What does Erica mean to you?**

"Erica is the place that allowed me to flourish and become the woman I was always destined to be."

**You can instantly master one skill. What's your pick?**

"It would definitely be dancing, because I have two left feet!"

**Most used phrase:**

*"ohh wow!"*



*How Far I'll Go*

-*Moana*

## Amirah Holmes

Cape Town, Western Cape

4<sup>th</sup> Year -BCom (Financial Accounting)

**What does Erica mean to you?**

"My home away from home."

**You can instantly master one skill. What's your pick?**

"The guitar"

**Most used phrase:**

*"validdddddd (you have to drag out the d)"*



*Steal my girl*  
-One Direction

**Timoné Labuschagne**  
Noordheuwel, Johannesburg, Gauteng  
3<sup>rd</sup> Year -BA Humanities (Psychology)

**What does Erica mean to you?**

“A space where I met people that prioritise real friendship, where I’ve been challenged and encouraged to grow.”

**You can instantly master one skill. What’s your pick?**

“To speak multiple languages”

**Most used phrases:**

“Tokkie uit” or “Oh my goodness gracious”

## Tiny Makhanya

Durban, KwaZulu-Natal

2<sup>nd</sup> Year -BCom (International Business) majoring in  
Entrepreneurship and Innovation Management

**What does Erica mean to you?**

“Erica is a home, a place of purpose where we get to connect with people- heart-to-heart- and see each other flourish in the different seasons we are in.”

**You can instantly master one skill. What’s your pick?**

“Playing the flute”

**Most used phrase:**

“Crazy stuff”



*Best Song Ever*  
-One Direction

## Amy Muller

Pretoria, Gauteng

3<sup>rd</sup> Year -BAcc

**What does Erica mean to you?**

“Erica is my home away from home, a place filled with friendship, growth, and unforgettable memories.”

**You can instantly master one skill. What’s your pick?**

“How to make a barista-verified cup of coffee.”

**Most used phrase:**

“... and then we are getting coffee, right?”



*Lights*  
- Ellie Goulding



*I Wanna Thank Me*  
- Meghan Trainor

## Neo Ndlovu

Pretoria/Cape Town

3<sup>rd</sup> Year-BSc Mathematical Science (Mathematics)

**What does Erica mean to you?**

“The soil I needed to bloom.”

**You can instantly master one skill. What’s your pick?**

“How to play the piano”

**Most used phrase:**

“Hello, darling”



*Let It Go*  
- Frozen

## Jodie Leigh Petersen

Cape Town

3<sup>rd</sup> Year -BAcc

**What does Erica mean to you?**

“Erica is sisterhood, Erica is loads of pink love, Erica is a family, Erica is my home away from home.”

**You can instantly master one skill. What’s your pick?**

“Not snoozing my alarm after it goes off”

**Most used phrase:**

“Everything will work out.”



*We didn't start the fire*  
-Billy Joel

## Lara Potgieter

Bloemfontein, Free State

3<sup>rd</sup> Year -BAccLLB

**What does Erica mean to you?**

“Erica is where I feel most at home and able to be myself.”

**You can instantly master one skill. What’s your pick?**

“Making croissants from scratch.”

**Most used phrase:**

“That's so dope”



*Bang, Bang*

- Jessie J, Ariana Grande, Nicki Minaj

## Nala Steward

Fourways, Johannesburg, Gauteng

3<sup>rd</sup> Year -BSc (Biomathematics)

**What does Erica mean to you?**

"Erica means sisterhood, strength, and a space where everyone can shine in their own way."

**You can instantly master one skill. What's your pick?**

"Crochet"

**Most used phrase:**

"Things could always be worse"



*Dancing Queen*

- ABBA

## Lee-Ann Usher

Excelsior, Free State

2<sup>nd</sup> Year -BCom Management Accounting

**What does Erica mean to you?**

"Erica is that warm feeling of belonging where I'm surrounded by incredible friends, endless opportunities and a community that always supports me."

**You can instantly master one skill. What's your pick?**

"Excel"

**Most used phrase:**

"Okayyyy"



*Butterflies*

-Bobby van Jaarsveld

## Mia Uys

Pretoria, Gauteng

3<sup>rd</sup> Year - BCom Management Accounting

**What does Erica mean to you?**

"Erica is my home at university, where I can grow, learn, laugh, dance, and sing while having an amazing support system with me."

**You can instantly master one skill. What's your pick?**

"Being able to read a book insanely fast and remember everything I read."

**Most used phrase:**

"Oooh my dayyyss !!"

# Meet the Team

## Mentors



Our mentors are caring senior Ericaners who are here to offer guidance as you ease into university and residence life. They are friendly faces you can turn to for tips, support, or simply someone to walk the journey with. Whether it's helping you get to know campus, showing you the ropes in Erica, or just checking in to make sure you're settling well, they're here to make your transition a little smoother. Their hope is that you feel welcomed, connected, and ready to find your place in our Erica community.



Jani  
Van der Merwe



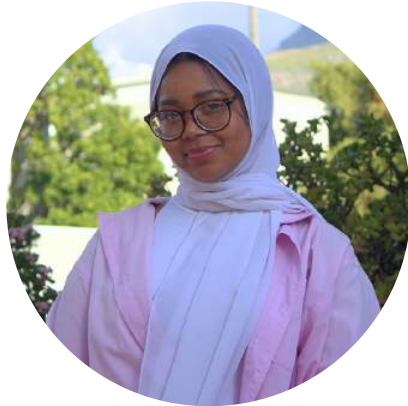
Annebel  
Viljoen



Shotlho  
Seabi



Nina  
Steenekamp



Taybah  
Bastra



Sandiso  
Nkabinde



Kate  
Hodgson



Jordell  
Jonathan



Reitu  
Mabaso



Hannah  
Daniels



Carys  
Janssen



Cara 21  
Landman



*I Thank God - Maverick  
City & UPPERROOM*

## Jani Van der Merwe

Koue Bokkeveld, Western Cape.

2nd year - BSc Agricultural Economics with Food Science

This emoji combination describes my personality best:



My TED Talk would be about:

“Being a young entrepreneur while being a full-time student.”

Most used phrases?

“Gooi mielies!”



*Any Spoegwolf song*

## Nina Steenekamp

Durbanville, Cape Town

2nd year - BSc Biomathematics

This emoji combination describes my personality best:



My TED Talk would be about:

“I would give a TED Talk on why we should all touch grass every single day.”

Most used phrases?

“I back that kliphard”



*Chiquitita-ABBA (I LOVE ABBA!)*

## Shotlho Seabi

Zeerust, North West

2nd year - Bachelor of Accounting

This emoji combination describes my personality best:



My TED Talk would be about:

“How to delay a crash out 101.”

Most used phrases?

“Vele hey”

# Annebel Viljoen

Stellenbosch, Cape Town

2nd year - Bachelor's in Speech, Language and Hearing  
Therapy

This emoji combination describes my personality best:



My TED Talk would be about:

"The power of saying yes to opportunities (even when you're scared)"

Most used phrases?

"WAT?!" "Shozaloza"



Christmas Wrapping  
- The Waitresses

# Taybah Bastra

Malmesbury, Cape Town, Western Cape

3rd year - BSc Molecular Biology and Biotechnology

This emoji combination describes my personality best:

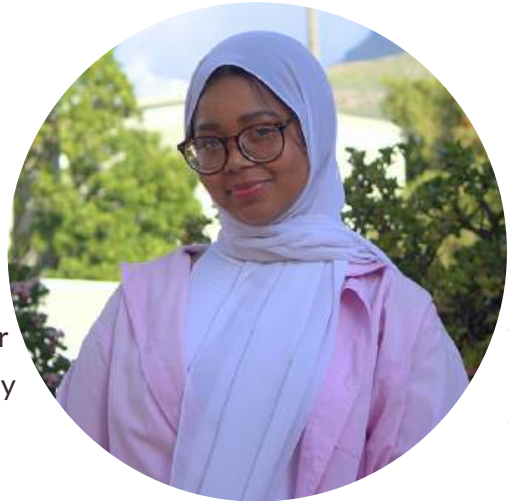


My TED Talk would be about:

"The ways our microbiome shapes not just our health, but our mood, behaviour, and even decision-making, basically how tiny organisms are running the show behind the scenes."

Most used phrases?

"crazy bonkers", followed by me laughing hysterically.



Low  
(feat. T-Pain) by Flo Rida

# Sandiso Nkabinde

Benfluer, Witbank, Mpumalanga

2nd year- BEng Chemical

This emoji combination describes my personality best:



My TED Talk would be about:

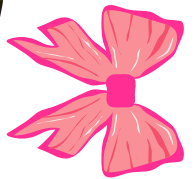
"Why rage baiting builds character."

Most used phrases?

"Ah ah ah my sister"



Goodbye yesterday  
-Elevation Rhythm





*Anything Hamilton*

## Kate Hodgson

Southern Suburbs, Claremont, Western Cape  
2nd year- BSc Mathematical Sciences - Applied Maths  
This emoji combination describes my personality best:



**My TED Talk would be about:**

"on squash – it's been a big part of my life, and it's such a unique mix of physical and mental challenge. I think people would be surprised by how much depth there is to it."

**Most used phrases?**

"clocked"



*"Love Generation"*  
- Bob Sinclair

## Hannah Daniels

Saxonwold, Johannesburg, Gauteng  
3rd year - BA(Law) majoring in Philosophy  
This emoji combination describes my personality best:



**My TED Talk would be about:**

"Why Birkenstocks are the single best design/invention in the history of the world."

**Most used phrases?**

"Lara, can we get nachos for dinner?"



*Louie Bag*  
- Yebba ft Smino

## Reitu Mabaso

Pretoria, Gauteng  
3rd year - BEngineering, Chemical Engineering  
This emoji describes my personality best:



**My TED Talk would be about:**

"What you are not changing, you are choosing, and what you're choosing, you are accepting."

**Most used phrases?**

"The hidden pinnacles of everyday life."

# Jordell Jonathan

Athlone, Cape Town, Western Cape

2nd year - BSc Human Life Sciences (focal area:  
biology)

This emoji combination describes my personality best:



My TED Talk would be about:

“Why food is the ultimate experience”

Most used phrases?

“It is what it is”



Any good RnB song

# Carys Janssen

Rand Park Ridge, Johannesburg

2nd year - BSc Agriculture, Plant and Soil Science

This emoji combination describes my personality best:



My TED Talk would be about:

“Biological fertiliser (iykyk)”

Most used phrases?

“Mens is een keer jonk!”



Kalahari reën

-Elvis blue

# Cara Landman

George, Western Cape

3rd year- BAccounting

This emoji combination describes my personality best:



My TED Talk would be about:

“How to survive and thrive welcoming week”

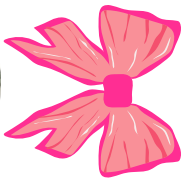
Most used phrases?

“Is soe!”



Pens en Pootjies

-Sonop



# Seniors Committee

During Welcoming, the main role of the Seniors Committee is to act not only as support for the HC and mentors, to ensure that the transition into university life is smooth for Newcomers, but also to act as a source of spirit and positive energy for the Newcomers, during serenades and any other activities which take place during Welcoming. The committee helps set the tone for the culture and spirit of the residence. From hyping up events to offering advice and support, they're always around to answer questions, share laughs, and show you what the true Erica spirit is all about.



Gemma Hanafey  
(Chair)



Amy Kriek  
(Vice-Chair)



Yibanathi Phaca



Liza Du Toit



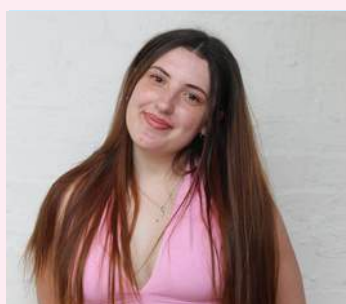
Cara Aggenbach



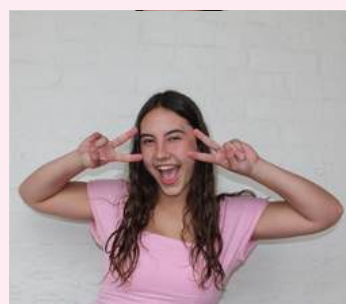
Greta Maschke



Jessica Brown



Gina Pool



Nichè Röhrs



Lara Wiese

# *Practicalities*



# Erica Residence

4 De Waal Rd,  
Stellenbosch Central,  
Stellenbosch, 7600



## IMPORTANT CONTACTS

Each Newcomer has been assigned a mentor. Your mentor will contact you via WhatsApp. If you have any questions, please don't hesitate to reach out to your mentor or the welcoming leaders.

Welcoming Leaders:

- Amirah Holmes (27065715@sun.ac.za)
- Mia Uys (28145399@sun.ac.za)

ER24 Emergency Medical Service  
- 010 205 3032

Campus Security Emergency  
Number  
- 080 002 5827

## ericaresidence

Erica Residence

581 posts 2,379 followers 1,046 following

Residence

Passion for pink. A powerful presence. ❤️  
Inclusivity | Respek | Umanyano | Compassion  
AmaMaties Cluster @amamaties\_  
Stellenbosch University  
Est.1975

🔗 [linktr.ee/ericaresidence.linktree](https://linktr.ee/ericaresidence.linktree) and 4 more



We will have a Q&A box for any questions you may have on our Instagram story. We hope to give you an insight into the life of an Ericaner.



# Important Dates



January						
SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February						
SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

12 January - SU Registration Opens for Newcomers



23 January - SOAR Students Programme

26 January:

- International, Law, and SOAR Newcomers Move-in
- Parent Information Session for Law, Soar & International Newcomers



27 January:

- Newcomers Move-in
- Parents & Guardian Lunch for All Newcomers and Parents



28 January:

- Information Session for differently abled students (10:00 -15:00)
- Parents Faculty Introductions (14:00 -17:00)
- Alumni Welcoming for Parents (18:30 -20:00)



1 February - Off time (08:00 - 14:00)

4 February - ECP Session for students from the Faculty of Science, Engineering & AgriSciences (10:00-12:00).



5 February - Compulsory Faculty Benchmark Test for all Newcomers of Science & AgriScience (08:00-10:00)

5 February - SU Registration Closes

7 February - Connect



9 February - SU Classes commence

# Newcomers Merchandise

Each pack includes:



Pink Erica Umbrella



Erica Visor



Erica T-shirt



Pink Erica Diary



Erica Bottle



Erica Tote bag

To help you start your Erica journey in style, we've put together a Newcomer Merch Pack filled with essentials and Erica pride! It's a fun way to feel part of the sisterhood from day one and show your Erica spirit wherever you go. The full pack is available for **R650**.

Each pack includes an Erica T-shirt, tote bag, hat, water bottle, diary, and umbrella.



## Payment Steps

### Pay via SnapScan

1. Scan the QR code or click on the payment link.
2. Pay the amount for your Newcomer Merch Pack (R650).
3. Use the reference "NM Name Surname" (example: *NM Amirah Holmes*)

### Upload Proof of Payment

1. Take a screenshot or save your proof of payment.
2. Click on the "POP Link" and upload your proof of payment.

### Sponsorships

If you'd like to sponsor a pack for someone who can't afford one or make a contribution towards someone else's pack:

1. Scan the QR code or click on the "Payment Link".
2. Pay the amount of the Newcomer Merch Pack (R650) or your donation amount.
3. Use the reference "NM Sponsor Initial.Surname" (Example: *NM Sponsor A.Holmes*)
4. Upload proof of payment on "POP Link".



[Payment Link](#)

[POP Link](#)

### Assistance

If you experience any technical difficulties, email Amy Muller at [27838439@sun.ac.za](mailto:27838439@sun.ac.za).

### Financial Support & Arrangements

If there are any financial related challenges regarding packs, please do not hesitate to contact Amy. Our finance HC can help you with the following arrangements:

- Arrange to pay it off over time
- Sign up to be sponsored



# Erica Facilities



## The Ont

Our main meeting area is called the Ont. From house meetings to movie nights, this is where we gather as our wider community. With our signature pink chairs, it's a great place to stop to have a chat with a friend on the way to class.

## The Baby Ont

Tucked away with a scenic view, the Baby Ont is another recreational space our students use both to chat or to have a change of scenery while studying. There is also a piano for our musical students to use.



## The Wellness Room

Available to all Ericaners when reserved through an easy online form, the Wellness Room serves as a quiet space for students to recharge. In Erica, we promote and encourage students to prioritise taking care of their mental wellness, which sometimes can mean taking an hour to relax on their own.

## The Study Centre

The study centre is our communal study room, available to all Ericaners on a first-come first-served basis. There is a 24/7 quiet time in the Study Centre to create an academic atmosphere. (Rule 5.1 of the House Rules.)





## The Pink Barrel & Quad

The Pink Barrel and quad are recreational spaces available to all Ericaners at any time. Home to our termly book club meetings, the Pink Barrel has become a place where our students can enjoy community. For larger gatherings, the Pink Barrel can be booked by any Ericaner 48 hours before the event, with permission from the Residence Head and Primaria. Similarly, the resident head may grant approval via email to use the Pink Barrel Quad for a gathering. (Rule 3.1 and 3.2 of the House Rules.)



## The Washing Room & Quad

Both a washing room and quad are available for laundry purposes. Ericaners are to fill out a time sheet with the necessary details to keep track of whose washing is in which machine. (Rule 6 of the House Rules.)



## The Nessie

Our kitchenettes, or “Nessies” are communal areas. They are equipped with a boiler, microwave, ironing board, sink and drying rack. Ericaners are responsible for washing their own dishes and keeping the space clean and tidy out of respect for our fellow Ericaners. (Rule 8 of the House Rules.)

## The Computer Room

The computer room is reserved for academic and printing purposes, on a first come first serve basis. (Rule 7 of the House Rules.)





# Packing List

## Bedding

- Pillows
- Pillow Cases
- Duvet Cover
- Sheet Set
- Sleepwear

## Bathroom

- Shower Caddy/Bag
- Bath Towels
- Washcloths
- Shower Flip-Flops
- Toiletries
- Sunscreen

## Erica Specific

- Semi-formal White Outfit
- Connect Outfit
- Roommate Form
- Medical Form

## Cleaning Supplies

- Dishwashing Liquid
- Washing Powder/Liquid
- Laundry Softener

## Kitchen

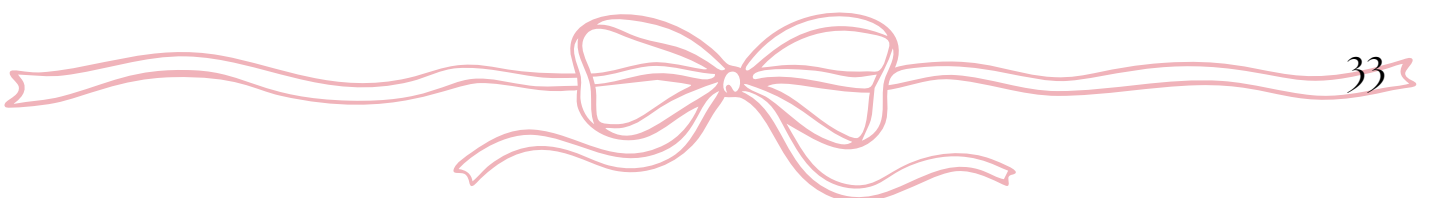
- Cutlery
- Plates
- Bowls
- Glasses
- Mugs
- Cutting Board
- Cheese Grater
- Pots & Pans
- Colander
- Can Opener

## Other

- Snacks
- Medication
- Sports Gear
- Lock
- Reusable Bag
- Water Bottle

## Room Essentials

- Desk lamp
- Organisers
- Fan
- Laundry Basket
- Hangers
- Extension Cord





# Welcoming Expectations

Welcoming is a 10-day period created to help you settle into university and residence life. It's a mix of academic, social, mental, and emotional activities and events designed to prepare you for the year ahead and help you find your place in Erica.

## Rest & Responsibility

Welcoming is full and exciting, but it is jam-packed! It can get tiring, which is why rest matters. Use your rest times to recharge and prepare yourself for what's next.

Important to note:

Erica is a no-visitor zone during Welcoming to ensure the focus is on the Welcoming Programme. Your parents and guardians may help you move in on the day in your designated time slot. After move-in day, please make arrangements with your mentor if your parent or guardian needs to urgently drop something off.

We will communicate in advance the dates and times of rest in the Welcoming Programme if you would like to spend time with friends or family. Sunday, 1 February, you have the entire morning off to make plans!

On this day, breakfast and lunch will be optional at the Tinie Louw Dining Hall. All we ask is that you are promptly back at Erica and ready to dive into the Welcoming Programme at 14:00.



### Meals during Welcoming:

All newcomers will sign their meal form on move-in day. Meals are served at Tinnie Louw Dining Hall and are charged directly to your student account. You're welcome to bring your own snacks or additional food to keep in your room if you like.



*University  
Essentials*





# Academics Resources

Erica Residence offers a dynamic and inclusive academic support system designed to foster motivation, clarity, and community. Whether you're navigating your first year or deep into your degree, these initiatives are here to help you thrive:

## Equipping and Workshop

### Cluster Study Session in the Hub

A full-day, communal study event for motivation and focus in a group setting.

### Weekly Study Sessions

Regular tutor-led sessions to build consistent study habits and foster collaboration.

## Study Sessions

### HEMIS Information Session

A detailed overview of the HEMIS system – how it works, why it matters, and how it impacts academic eligibility at SU and in Erica.

### Academic Tips Session

Mid-semester sessions offering practical exam preparation strategies and introductions to key academic resources.

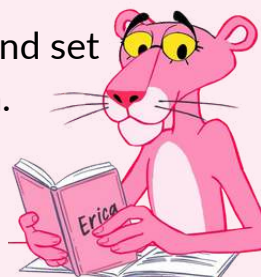
## Support and Encouragement

### Study Buddy Launch

A program connecting students with accountability partners or study companions – ideal for those who thrive with shared goals and mutual support.

### Academic Gratitude Night

A reflective evening where Ericaners gather to celebrate progress, acknowledge achievements, and set intentions for ongoing growth.



# Academic Resources

## Stellenbosch University

### Unit for Academic Counselling & Development (UACD)

Offers individual and group sessions focused on time management, stress, study techniques, and career guidance.

📍 47 Victoria Street

☎ +27 21 808 4707

✉ supportus@sun.ac.za ([More info](#))

### Writing Lab & Language Centre

Provides free one-on-one consultations, writing groups, and workshops to help students improve their academic writing.

📍 Language Centre

✉ amlackay@sun.ac.za

[Book online](#)

### Centre for Learning Technologies (CLT)

Supports students and staff with SUNLearn, Microsoft Teams, and other digital tools. Offers training and troubleshooting. [CLT Info](#)

### Library & Information Services

Offers access to physical and digital resources, databases, research guides, and librarian support. [Library Portal](#)

### Student Financial Aid (SUFO)

Helps students apply for bursaries, merit awards, and NSFAS funding.

[Financial Aid Info](#)

## Contact Details for Undergraduate Support

### Faculty Officers

Each faculty has a designated officer for academic queries.

Full directory: [Faculty Officer Contacts](#)

### General Queries

Visit the SU staff portal: <https://www.su.ac.za/en/staff>

# Registration Resources

## Registration Dates:

Online registration

- 22 January 2026: Online registration opens for newcomer first-year students.

On-Campus assisted registration

- 2–3 February 2026: Assisted registration for newcomer first-year students (excluding transferring students), as per the registration schedule.

For more information, visit:

<https://www.su.ac.za/en/students/registration-and-fees/registration-schedule>

## Stellenbosch Campus Registration Schedule:

This schedule outlines the times and dates for students who require assisted registration. You can access it at the following link:

<https://www.su.ac.za/en/students/stellenbosch-campus-registration-schedule>

**General queries – including admissions, applications, and accommodation/residence placements – should be directed to: [info@sun.ac.za](mailto:info@sun.ac.za)**

## SU SunLearn Support:

Assists with SunLearn access, navigation, and troubleshooting.

Contact: [sunlearn@sun.ac.za](mailto:sunlearn@sun.ac.za)

Log a request: <https://learnhelp.sun.ac.za/>

## SU IT Service Desk:

Handles tech support such as passwords, WiFi, device setup, and general IT issues.

[ithub@sun.ac.za](mailto:ithub@sun.ac.za)

021 808 9289

ICT Partner Portal:

<https://itservices.sun.ac.za/help/servicedesk.htm>

IT main building office hours:

Monday to Friday from 08:00 to 16:30, excluding public holidays.

IT HUB office hours:

Monday to Friday from 09:00 to 16:00, excluding public holidays.



# Erica Tutors

At Erica, we understand that adjusting to university academics can be challenging — and you don't have to face it alone! Our tutors are here to support you every step of the way, whether you're struggling with a specific module or simply want to strengthen your understanding. They're friendly, approachable, and genuinely want to help you succeed.



## Omphile Filda

Faculty:  
Science  
Degree Tutor:  
BSc - Focal Area: Applied  
Medicinal Chemistry

## Dayle Julius

Faculty:  
Theology  
Degree Tutor:  
BTheology



## Rotondwa Netshimbupfe

Faculty:  
Engineering  
Module Tutor:  
Engineering Mathematics 115

## Emma du Toit

Faculty:  
Engineering  
Module Tutor:  
Engineering Mathematics 115



## Sindiswe Nyoni

Faculty:  
Economic and Management  
Sciences  
Degree Tutor:  
BCom (Economic Sciences),  
Focal Area: Financial Sector

## Greta Maschke

Faculty:  
Arts and Social Science  
Degree Tutor:  
BA (Drama and Theatre Studies)

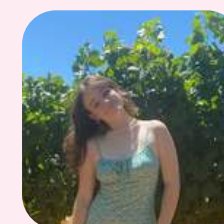


## Thokozani Nene

Faculty:  
Economic and Management  
Sciences  
Degree Tutor:  
BCom (Financial Accounting)

## Cianka Claassens

Faculty:  
Science  
Module Tutor:  
Chemistry 124

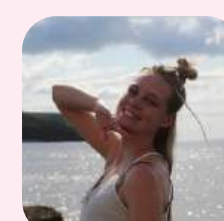


## Josephine Robertson

Faculty:  
Arts and Social Sciences  
Degree Tutor:  
BA (Law)

## Alida Roux

Faculty:  
Economics and Management  
Sciences  
Degree Tutor:  
BAccounting



## Maia Crockett

Faculty:  
Arts and Social Sciences  
Degree Tutor:  
BA (Drama and Theatre Studies)

You can get into  
contact with Erica  
Tutors by  
scanning the QR  
code:



# Erica Tutors



## Danielle Adams

Faculty:  
Economics and Management  
Sciences  
Degree Tutor:  
BAccounting

## Jacomien van der Westhuizen

Faculty:  
Economic and Management Sciences  
Module Tutor:  
Business Management 113  
Digital and Leadership Acumen 112



## Isabella Strydom

Faculty:  
Arts and Social Science  
Module Tutor:  
French 178

## Taalial Jiya Sheoprosad

Faculty:  
Arts and Social Sciences  
Degree Tutor:  
BA (International Studies)



## Minette de Souza-Allegria

Faculty:  
Science  
Module Tutor:  
Biology 124, Chemistry 124,  
Mathematics (Bio) 124, and  
Psychology 114.



## Mia Kolesky

Faculty:  
Economic and Management  
Sciences  
Module Tutor:  
Business Management 113  
Digital and Leadership Acumen  
112



There are two types of tutors available to you:

### 1. Module Tutors:

These tutors focus on specific first-year modules that many students find tricky. They can help explain difficult concepts and provide study tips tailored to that subject. If you ever feel unsure or overwhelmed in a particular class, our module tutors are your go-to support system.

### 2. Degree Tutors:

Degree tutors are senior students who specialize in your field of study. They can assist with a range of modules within your degree and share valuable advice about managing workload, choosing electives, and preparing for future years.

If there is a need for a tutor who is not part of the Erica tutors, reach out to Neo Ndlovu at [27964396@sun.ac.za](mailto:27964396@sun.ac.za). As head of Academics, she will try and get to the best of her ability.

# Important Contacts

## Stellenbosch University:

### **Client Services Centre**

[info@sun.ac.za](mailto:info@sun.ac.za)

**+27 (0)21 808 9111**

Admin A is currently being renovated, so Client Services has temporarily moved to the Organic Chemistry Building.

### **Temporary Address:**

Stellenbosch University, Inorganic Chemistry Building, Bosman St, Stellenbosch Central, Stellenbosch, 7600

Administration A Building:  
Ryneveld St, Stellenbosch Central, Stellenbosch, 7599

For more information, visit:  
<https://www.su.ac.za/en/contact-us>

## Stellenbosch:

### **Stellenbosch Provincial Hospital**

80 Merriman Avenue, Kayamandi, Stellenbosch, 7615.

Open 24/7

### **Stellenbosch GBV Centre**

Protea St, Ida's Valley, Stellenbosch, 7602

### **Ambulance**

**999 or 10177**

### **Centre for Student Counselling and Development (CSCD) 24 Hour Crisis Service**

Service is strictly confidential.

Office hours (08:00-16:00):

**+27 21 808 4994**

After hours (17:00-08:00):

**+27 10 205 3032**

49 Victoria Street, Stellenbosch

## Important Campus Contact Information

### **Campus Security**

**+27 21 808 2333**

62 Merriman Avenue, Stellenbosch Central, Stellenbosch

### **Campus Health Service (CHS)**

**+27 21 808 3496**

7 Claassen Street, Stellenbosch Central, Stellenbosch

Weekdays 08:00 to 17:00



# CAMPUS DICTIONARY

## Primaria

🔊 [prim-a-ria] / Noun

A Primaria is the student head of a residence or CSC at SU and leads the House Committee.



## HC/HK

🔊 [H-C] / Noun

"House Committee (HC)" refers to the executive leadership committee of Erica residence is elected from and by the residents of House Erica.



## Social

🔊 [s-o-cial] / Noun

An informal social gathering, especially one organized by the members of a particular club or group.



## Bib

🔊 [bib] / Noun

The Stellenbosch University Library. It is short for the Afrikaans word 'biblioteek'.



## Cluster

🔊 [cl-us-ter] / Noun

A cluster, like amaMaties, is a diverse student community that unites residences and private accommodations to foster collaboration, personal growth, and meaningful connections.



## Vice-Primaria

🔊 [v-ice prim-a-ria] / Noun

A Vice-Primaria at SU is a member of the House Committee who assists the Primaria and takes on their duties when they are absent.



## CSC

🔊 [csc] / Noun

A Commuter Student Community, or CSC, is an organisational structure that supports private students living in private accommodation that attend Stellenbosch University (SU).



## Gees

🔊 [gees] / Noun

To have gees is to have great spirit and enthusiasm.



## Neelsie

🔊 [n-eel-si] / Noun

This is the name of the on-campus student shopping centre for all your food and coffee needs.



*Welcoming*



# Welcoming at a Glance

27 January

Move-in  
Day



29 January

Cluster  
Day



30 January

Pool  
Party



31 January

Maties  
Colour Run



1 February

3 Sisters  
Picnic



2 February

Connect  
Practice



3 February

Serenade  
Night



4 February

Seniors  
Social



5 February

Cluster  
Athletics



6 February

Candle Light  
Ceremony





### HOUSE FUNDS DANCE

House Funds Dance is one of our first big events of the year. It is a night filled with music, laughter, and creativity. It is all about having fun and is a perfect chance to bond with your fellow Ericaners, show off your moves, and start the year on an energetic note.



# Life After Welcoming

## ERICA EVENTS

**FLADDERFLEES AND IBN**  
Also known as “Erica Week”, it is one of our highlights of the year. It’s a week dedicated entirely to celebrating Erica, our people, our traditions, and our pink pride. Expect themed dress-up days, serenading, and many more!



**DERBY**  
Derby is when our sisterhood shines beyond our walls! Erica joins forces with Nemesia and Serruria for friendly competition, sports, and spirit. Derby is all about pride, unity, and celebrating the bond between the three sisters.

### HOUSE DANCE

House Dance is our annual formal. It is an evening to dress up, celebrate, and dance the night away! It is a night of elegance and laughter. It is always a highlight on the Erica calendar.



This marks the grand finale of the year. It is a night to recognise and celebrate the incredible women who make Erica what it is. From leadership to spirit to academics, every award reflects the values that define our pink palace.

### ERICA AWARDS



# Connect

## WHAT IS CONNECT?

Maties Connect is the ultimate space for creativity and passion to meet. It is a huge performance based competition with dancing, acting and more! Don't worry if you feel like the stage is not for you; there truly is a space for everyone. Residences and Commuter Student Communities are paired together and in these partnerships they compete with one another on the grand stage. This year's theme is Carnival of Dreams and our partnership couldn't be better! Get excited for the opportunity to build friendships, make memories on and off the stage and most importantly, get excited for the opportunity to Dream Big with us!



## COSTUMES

For now, please ensure you have a plain white T-shirt so that we can easily add props or costume pieces to enhance our Connect performance.



## WHAT SHOULD YOU EXPECT?

You can expect to be taught a variety of fun dances and stage directions. There is also the opportunity to be a part of the acting segment of this performance. Throughout the Welcoming Programme, there will be practices to ensure that we leave our best efforts on the stage on the big day!! We hope you are as keen and enthusiastic about such a memorable part of your journey as a Newcomer at Stellenbosch University.

# Social Impact

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For us, impact isn't limited to community outreach, it's something we practice every day.

It's seen in how we support one another as

Ericaners, how we listen, how we show empathy, and how we create a residence culture built on kindness and understanding.

As much as we believe in uplifting our broader community, we recognise that impact starts with awareness, learning to see the needs around us and responding with heart.

The lessons we learn within Erica extend far beyond our residence: they shape how we show up in our classrooms, on campus, and in the world.

At its core, embodying social impact at Erica means living out our values through action, turning care into community, and unity into change.

## WHAT IS SOCIAL IMPACT?

In a broad sense, social impact is about making a positive difference in the lives of others and within our communities. It focuses on contributing to a positive and meaningful change in society. At Erica, social impact takes on a deeper, more personal meaning. It's how we live out our values of *umanyano* (unity) and compassion in our daily lives. It is how we stand together as a sisterhood, recognising that true impact comes from collective action and shared purpose.

At Erica, social impact begins at home. We believe that before we can touch the lives of others, we must first nurture a spirit of compassion, inclusivity, and respect within our own walls. Through our strong sense of *umanyano* (unity) and sisterhood, we learn what it truly means to care, to serve, and to stand together.



# Sisterhood

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## WHAT IS SISTERHOOD?

For many of us, sisterhood has a different meaning; however, there is one thing we all think about, which is belonging. The sisterhood portfolio in

Erica was created to ensure that a sense of belonging and acceptance I fostered amongst residents. It's about ensuring that our fellow housemates are cared for both physically and emotionally, it's about celebrating our differences and showing up for one another and turning our house into a home.



Although present in everything we do, sisterhood is something which we seek to acknowledge every day within the house. From our Erica values, to basic greetings, late-night chats, movie nights, and so much more, there are many ways within the residence in which we seek to build and maintain the relationships formed here.



## PANTRY PROJECT

Currently, we have an ongoing pantry project which focuses on providing Ericaners in need with basic foods and/or sanitary products. It would be amazing if we could all contribute to this; however, it is not an expectation, but rather something you should do only if you are able. Along with that, if there are any projects you would like to see or encourage within/outside the residence, please don't hesitate to reach out and make a suggestion, as sisterhood exists both internally and externally.

*Stellenbosch  
University*



Welcome to

# amaMATIES



## WHAT IS A CLUSTER?

A cluster is a grouping of residences and commuter student communities (CSCs), who together form a broader community where students can interact and collaborate with one another, making the university 'smaller'. It is the organizing principle for academic and social affairs.

## WHO ARE WE?

amaMaties Cluster is made up of five residences: Erica, Serruria, Nemesia, Helderberg, and Huis Neethling, and two CSCs: Capri and Equité. We are one of the most active clusters on campus and enjoy hosting joint events and making use of our shared spaces.

## OUR VALUES

Our cluster values are Ubuntu, Respect, Empowerment, Sense of Belonging and Individuality

## amaMATIES Facilities

The amaMaties Cluster HUB facility is the physical base of our cluster and

provides a gathering space and commons for the students of our cluster, ensuring a world class living and learning environment. This multifunctional space provides students with an area to meet, study, relax, and engage with each other between classes and other commitments.



The **HUB facilities** include:

- Study and relaxation area
- Tinie Louw dining hall
- Plug points for laptops and cell phones
- Early morning or late dining at the DELI
- Emergency backpacker rooms
- Maties Wi-Fi access (24/7)
- Lockers

Dear new Matie

You are now officially part of amaMaties Cluster. This is where your community becomes a part of something bigger. We are a vibrant, diverse and integrated student community – a space for not only pursuing knowledge but also forging lifelong friendships and experiences, a space that helps you come to the realization that self-awareness is the key to social change. We encourage you to embrace this diversity and seize the chance to learn from one another. Your learning journey is no longer confined to the lecture hall, so take advantage of all that the cluster has to offer. Your time at Stellenbosch University is a precious chapter in your life: Embrace it with an open heart and an eager mind – so that you, in turn, may become an integrated person who can take on the world with confidence, collaboration and compassion. Cherish the moments of discovery, the late-night study sessions (at the amaMaties Hub), the laughter with friends and the growth that comes with every challenge. Here's to meet you all and to the fantastic journey ahead.

All the best,  
The amaMaties Cluster Team



**Benita van Zyl**

**Cluster Education  
Co-ordinator**  
benitavz@sun.ac.za  
084 512 8795



**Tetelo Rapheeha**

**Cluster Convener**  
29581370@sun.ac.za  
079 342 0350



**Jody James**

**Cluster Convener**  
26947633@sun.ac.za  
082 475 8964



**Zara Boehler**

**Cluster Admin Manager**  
28902416@sun.ac.za  
065 559 8280



**Lyanda Dlamini**

**Social Media Manager**  
27242986@sun.ac.za  
068 712 1727

Beste nuwe Matie

Jy is nou amptelik deel van amaMaties. Dis waar jou gemeenskap deel van iets groters raak. Ons is 'n lewenskragtige, diverse en geïntegreerde studentegemeenskap – 'n ruimte waar ons nie net kennis najaag nie, maar ook lewenslange vriendskappe smee en ervarings deel; 'n ruimte wat jou tot die besef help kom dat selfbewussyn die sleutel tot sosiale verandering is. Ons moedig jou aan om hierdie diversiteit te omarm en die kans aan te gryp om by mekaar te leer. Jou leerervaring is nie meer tot die klaskamer beperk nie; haal dus die meeste uit alles wat die kluster jou bied. Jou tyd aan die Universiteit Stellenbosch is 'n kosbare hoofstuk in jou lewe: Omarm dit met 'n oop gemoed en 'n leergierige gesindheid – sodat jy, op jou beurt, 'n geïntegreerde persoon kan raak wat die wêreld met selfvertroue, samewerking en deernis aanpak. Koester die oomblikke van ontdekking, die laatnagstudiesessies (by die amaMaties Hub), die saam lag met vriende en die groei wat elke uitdaging bring. Ons tel die dae af totdat ons julle almal ontmoet en ons fantastiese reis begin.

Alles van die beste, Die  
amaMaties Klusterspan

Matie omtsha othandekayo,

Kungoku nje ungomnye weeMaties ngokusemthethweni. Kulapha ke apho niluluntu labafundi nijika nibe yinxalenye yento engaphezulwana noko. Siluluntu lwabafundi olugcwele udlamko, olwahlukahlukeneyo nolunxibeleleneyo – le yindawo engeyiyo eyokuzingela ulwazi kuphela koko ikwayindawo yokwakha ubuhlobo bobomi bonke namava ngokunjalo, indawo ekunceda ekubeni uyiqonde into yokuba ukuzazi ngoyena ndoqo kwiinguqu entlalweni. Siya kukhuthaza ukuba ukwamkele oku kwahlukahlukana kambe ulithi xhakamfu ithuba lokufunda omnye komnye. Ihambo yakho yemfundo ayisaphelelenga nje kwiholo yeelektsha, ngako oko kunqakule konke le klasta enokukunika kona. Ixesha lakho kwiyunivesithi yaseStellenbosch sisigaba esinexabiso elikhulu ebomini bakho: Lamkele ngentliziyo ekhululekileyo nengqondo enxanelwe ulwazi – ukuze wena, ngokunjalo, ube nokuba ngumntu onxityelelekisiweyo onokujongana nehlabathi ngokuzithemba, ngentsibenziswano nangovelwano. Yivuyele loo mizuzwana yokubhaqa okutsha, ukufunda kude kube sezinzulwini zobusuku (phaya kwiMaties Hub), ukuhleka nabahlobo nokukhula okuza nomngeni ngamnye. Sithi ngxatsho ngokwazana kwethu sonke nangohambo lwethu oluya kusikhwankqisa ekuhambeni kwexesha.

Ngemibuliso emihle, LiQela  
leQoqo lamaMaties

CLUSTER NEWCOMERS

# ATHLETICS DAY

COETZENBURG ATHLETICS  
STADIUM

5 FEBRUARY 2026 17:30 - 20:30



PRESENTED BY THE CENTRE FOR  
STUDENT LIFE AND LEARNING AND  
MATIES SPORT



# Eco-friendly living

How to reduce your carbon footprint and join the Net Zero Carbon journey

## Water

- Water restrictions still apply.
- Use only 80 L /person/day.
- Shower 3 -5 min.
- Use eco-friendly personal products.
- No rinsing or washing with running water.

## Energy

- Use LED lamps only.
- Limit fridge use to one 150 L bar fridge per room.
- Air-dry clothes when possible.
- Turn off lights & unplug devices when not in use.
- Use A++ energy efficient appliances (low wattage).

## Transport

- Everything is within easy walking distance on campus.
- Walk or cycle instead of driving.
- Hire a Matie bike.
- Share rides or use shuttles.

## Waste

- SU has a zero waste to landfill goal.
- Buy less items that must be thrown away.
- Bring reusable bags, cups, bottles and containers - no single use items.
- Compost food scraps & sort recyclables properly.
- No wet items in the recycling bin.

## Get involved

- Join your community Green/Sustainability Com.
- Follow: @su.environmental.sust

