

HEEMSTEDE'S

WELCOMING

BOOKLET

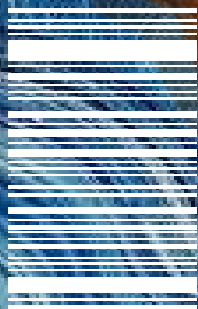
2026

61ST EDITION

HEEMSTEDE

LADIES RESIDENCE

HOUSE
OF ALL
HOUSES



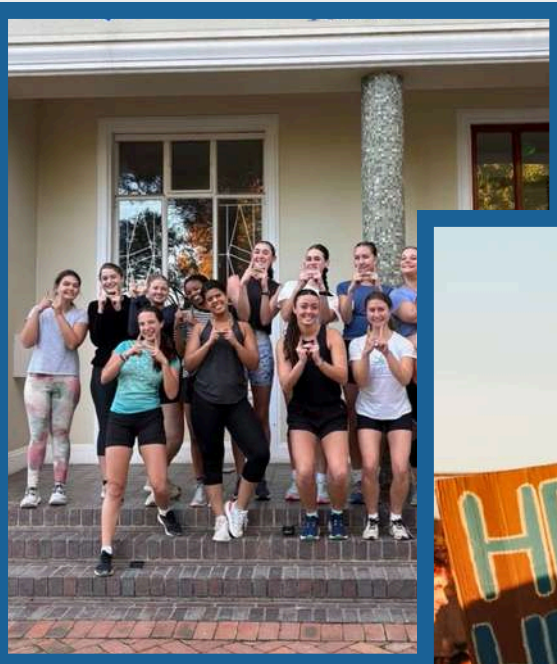
WELCOMING 2026



WELCOME

TO HEEMSTEDDE

61ST
HEEMIES



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Welcoming Booklet

2026

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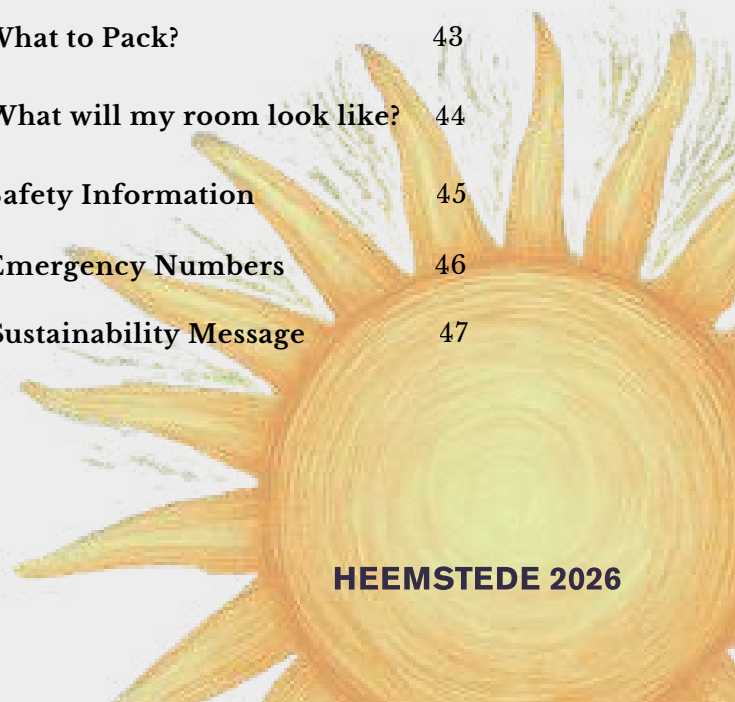
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MESSAGE

From our

RESIDENCE HEAD

LISINDA DE JAGER

"We can either watch life from the side lines, or actively participate... Either we let self-doubt or feelings of inadequacy prevent us from realizing our potential, or embrace the fact that when we turn our attention away from ourselves, our potential is limitless"

- Christopher Reeve-

Dearest 2026 Heemie,

Welcome to Stellenbosch University and specifically to Heemstede - our community of dynamic, unique and inspiring individuals. It is with joy that we await your arrival. Congratulations on successfully completing your school journey and taking this exciting step toward shaping your future.

As you begin this exciting chapter, know that a house full of fellow Heemies is ready to meet you, support you, and share this journey with you.

At Heemstede, we value integrity, respect, unity and individuality. You are entering this space with your own beliefs and values and that is 100% acceptable. But when we are together as Heemies, our actions and our words reflect our communities' values. Within Heemstede you are encouraged to be yourself, to explore new opportunities, and to grow into the person you are becoming. University life can be exciting and overwhelming, often at the same time! It is as much about personal growth as it is about academic success and it is normal to have questions about who you are, where you fit in or what awaits you. I want to encourage you to remain true to who you are and to deliberately immerse yourself in the space to learn and understand more of what Heemstede is.

Whether you're moving across borders or provinces and settling into a new town, pursuing your dreams, or simply navigating daily student life,

you will find support here. Reach out, ask questions, join in. Allow yourself to experience all that Heemstede offers. This is a place where your uniqueness is celebrated, and your dreams are encouraged.

We are proud to welcome you into Heemstede and cannot wait to see the contribution you'll bring to our community and the broader campus.

27 January 2026 is not just another day. It's a new opportunity, another chance, a new beginning that awaits you. I look forward to meet you.



Lisinda

MESSAGE

From our

PRIMARIA

You are probably nervous about the unknown and nervously excited about what awaits you. But I can reassure you that once you step into Heemstede that knot in your stomach will start to slowly unwind because you will immediately experience its warmth. Warmth from our beautiful home, but more importantly from the people. I tried to think back on what I would like to hear when I was in your shoes, but it feels like ages ago and truth be told the years in university go by too fast. (which sounds cliché, I know).

Heemstede has offered me everything and more than I can imagine. It gave me friends and wings. It has allowed me to grow and flourish into the woman I am today. It also gave me my fondest memories and lifelong friendships. They are ladies who you do life with the big moments, everyday mundane tasks and for some random shenanigans that will definitely make very entertaining stories for my kids one day.

My hope for you is to also experience the magic that is in Heemstede and to see everything it has to offer beyond its walls. Where there is a heart, there is a home. Welcome home! Heemstede is the huis van alle huise/Siyindlu yezindlu zonke- which you will soon get to discover for yourself.

Please feel free to reach out to myself or any of the house committee members if you need any assistance or have any queries. Remember you are not alone and in Heemstede we do this journey together. I eagerly await your arrival, and I am super keen to get to know you and for an unforgettable welcoming experience.



Zalika Koopman

Dearest 61st Heemie,

I first want to offer my most sincere congratulations on your prestigious accomplishment. You can be extremely proud of yourself. I want to encourage you to take a moment to reflect back at how far you have gotten. Your hard work after twelve years has paid off. But as one-chapter closes, a new one begins...

"Het daghet overall!" Meaning a new day has arrived, which symbolises a new beginning as the sun rises for a new day. I am very honoured to be part of your new chapter as you embark on your journey of university.

A photograph of a woman with long brown hair, wearing a dark blue jacket, smiling and holding a brown stuffed animal with a blue hat and a white and yellow striped scarf. She is standing in a field of tall grass with mountains in the background under a clear sky.

Tylor Nel

MESSAGE

From our

VICE PRIMARIA

Dearest new Heemies,

We can't wait to welcome you to your new home away from home- Heemstede. Starting a new chapter can be exciting and overwhelming at the same time, but I want you to know that you've joined the House of all houses. Here we are friends and we are family! A sisterhood which strives to respect, uplift and support each other.

Your university journey is a time in your life that you will never forget. A season of joy, character development and lifelong memories. When I first moved into Heemstede I was scared of the unknown, uncertain about what lay ahead. Now I can say with confidence that this place has become my home which holds great memories and moments which I will treasure forever and which have helped me become strong and confident.

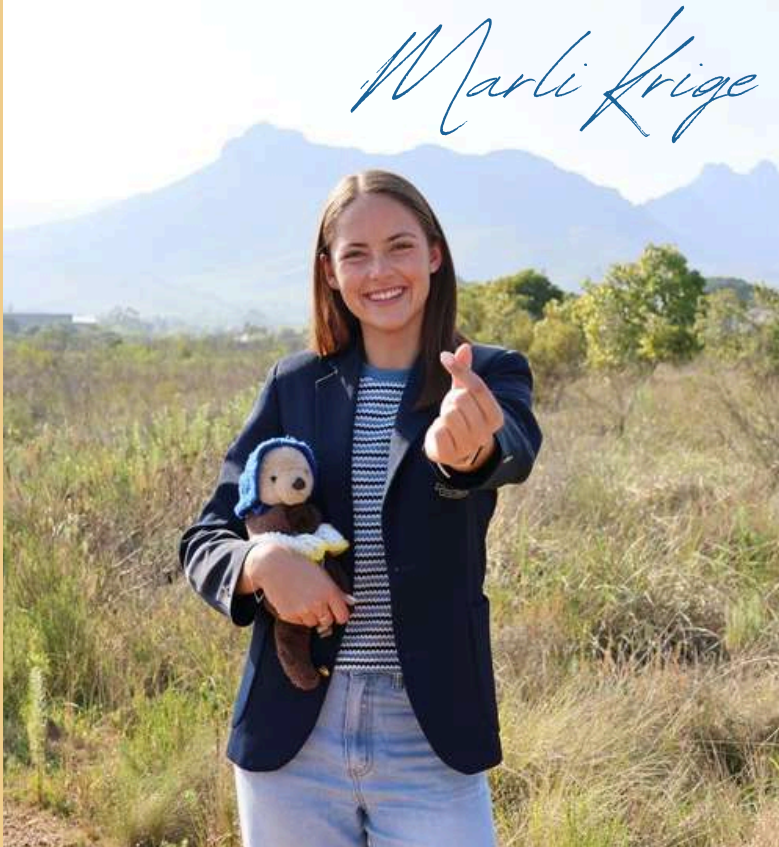
You'll soon see that residence life has its own rhythm, shared moments, new friendships, and experiences that shape the year ahead.

I encourage you to take part in what feels right for you, to be open to meeting new people, and to give yourself time to settle in. And some wise words which a Heemie should always embrace is TO TAKE UP SPACE and make Heemstede your own special place. I will always be here for you every step of the way to cheer you on and watch you blossom into full blown Heemies.

I hope you are as excited to meet us as we are to meet you. We can't wait until Heemstede's new legacies walk through our doors! May your journey here truly be your own.

Kind regards
Tylor

From our MESSAGE WELCOMING LEADERS



Dear New Heemie,

Welcome to your next chapter. It may feel a little unknown right now, but it's also incredibly exciting. We can't wait to meet you and begin writing this new story with you.

In Heemstede, you are loved, welcomed, and accepted exactly as you are. We want you to shine your own unique light and use your differences as strengths; to grow, learn, and become the best version of yourself.

This year will bring both mountains and rivers, moments of big laughter and moments of growth. But you will never face any of it alone. Every emotion, challenge, and golden memory will be shared with your fellow Heemies; friends who quickly become family.

Heemstede is your home away from home now, and we are so excited to welcome you into our family.

And suddenly you just know, it's time to start something new and trust the magic of new beginnings, with all the support from us !!

Lots of love,
Your Welcoming Leaders

MEET OUR

House Committee



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RUBIX

What is Cluster?

At Stellenbosch University, a cluster is a supportive community of residences and CSCs that come together to connect, collaborate, and uplift one another. Heemstede proudly forms part of the Rubix Cluster, together with Nerina, Metanoia, Pieke, and Venustia.

As Malcolm Gladwell says in *Outliers: The Story of Success*:

“Successful people don’t do it alone. Where they come from matters. They’re products of places and environments.”

This perfectly reflects the heart of what our cluster aims to be.

Cluster History

Before clusters existed, Residences and CSCs operated separately, often with significant differences in culture, support, and resources. The Cluster initiative was introduced by the university to create stronger integration between these spaces. By bringing Residences and CSCs together, clusters made it possible to share resources, facilities, and opportunities. This built a broader sense of community beyond the smaller, often isolated Residence or CSC environments.

Isolation at university is a very real experience for many students.

The Cluster system gives Heemies a second space, outside of our residence itself, to connect, build friendships, and form meaningful relationships with people across campus.



Jaylynn van Aswegen



MESSAGE

From our

CLUSTER HC

Dearest Newcomer

What an incredible milestone. Congratulations on your acceptance to Stellenbosch University! You are about to step into a chapter filled with growth, opportunity and unforgettable moments, and we are thrilled that the best cluster, Rubix, will be part of your journey.

You may be wondering what a cluster is. Think of it as an extension of your student community experience. It is a space where you can build meaningful connections, find support and meet students from beyond your immediate residence or CSC. It is a place where friendships are formed, memories are created and you get to experience a broader sense of belonging.

Rubix brings together five unique residences and CSC's: Heemstede, Metanoia, Nerina, Pieke and Venustia, each with its own energy, stories and personalities. When you join Rubix, you do not

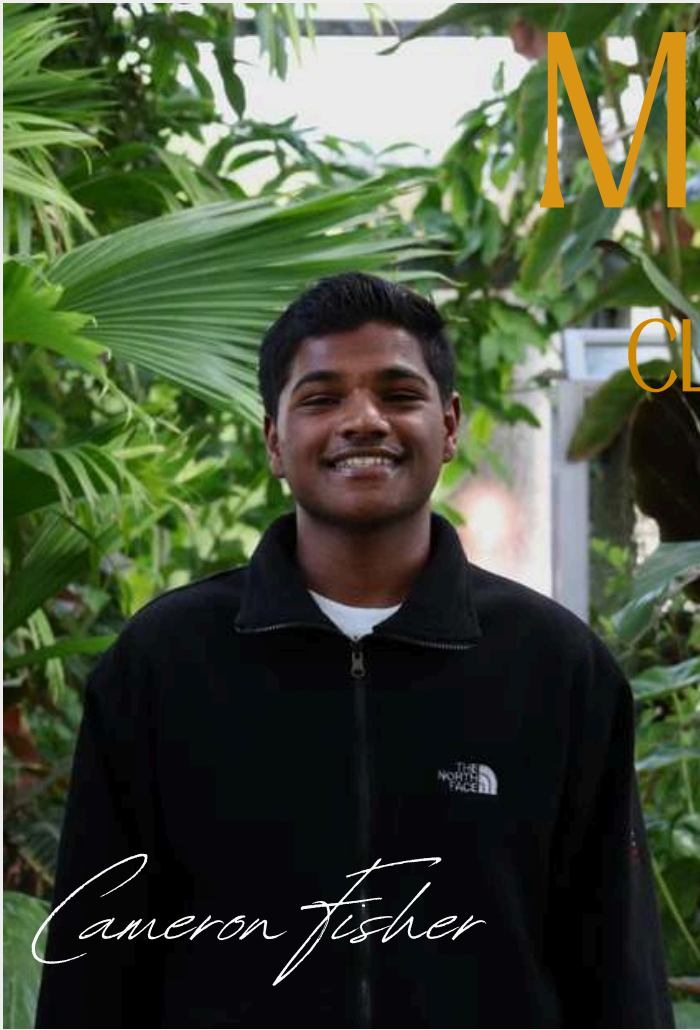
just join a residence. You join a network of students who support, celebrate and uplift one another.

What makes Rubix special is the way we bring people together. Throughout the year, you will find opportunities to connect through socials, sports, culture, leadership and plenty of fun events that make university life richer. Whether you are outgoing or reserved, sporty or artsy, there is a place here for you and people who will be excited to meet you.

We hope you are excited, because we definitely are. Rubix is ready to welcome you with open arms, loud cheers and a whole lot of heart.

All the best as you prepare for this next adventure. We cannot wait to see you on campus soon!

Jaylynn van Aswegen, your cluster HC



MESSAGE

From our

CLUSTER CONVENOR

As your Cluster Convenor, I'll be working alongside a dedicated and passionate team of student leaders who are just as excited as I am to welcome you into this community. Together, we're committed to creating spaces where you feel included, supported, and inspired throughout your journey at Stellenbosch.

Welcome to Stellenbosch. Welcome to Rubix.
We are Rubix.

Warm regards,
Cameron Fisher
Rubix Cluster Convenor

Dear Newcomer,

Congratulations on your acceptance into Stellenbosch University, and welcome to RUBIX — a cluster known for its warmth, unity, and unmistakable sense of community.

Rubix brings together five diverse student communities — Heemstede, Metanoia, Nerina, Pieke, and Venustia — creating a space where you can feel supported from day one. Here, you'll find people who encourage you, challenge you, and walk with you as you find your place at Stellenbosch. It's a community where you can show up as yourself, grow confidently, and build connections that truly matter.

What makes Rubix special is the energy our students bring into every space — the willingness to show up, support one another, and create experiences that make this cluster feel like a second home. You'll quickly realise that Rubix is more than just a name; it's a feeling, a community, and a collective spirit you'll become part of.

Rubix
Social Media
Platforms

Instagram:

- [@rubix.cluster](https://www.instagram.com/rubix.cluster)

@RUBIXCLUSTER

OUR RUBIX *Leadership*

Lisinda de Jager

Cluster Education Coordinator



Cameron Fisher

Cluster Convenor



**Kudzai
Mandivenga**
Admin Manager



**Livhuwani
Ramukumba**
Social Media Manager



Ann-ne Venter
Rubix Relational Leader



MESSAGE

From our

HEAD MENTOR

There will be days when you might struggle to feel the Heemstede sunshine or Onnie the Otter's positivity. And that is totally okay. The transition from high school to university can be stressful, uncertain, and overwhelming. But it is also a wonderful and exciting adventure. This is a time to learn more about yourself and others. It is also a time to make friends and create memories that will last a lifetime. As you begin this new chapter, remember the words of Eleanor Roosevelt: "The future belongs to those who believe in the beauty of their dreams." Let this be a reminder that you are capable of, and ready for, everything that awaits you here.

Amid the chaos of ups and downs, you will have a strong mentor team beside you. They will support you, guide you, and help you realise that you truly do belong here. Whether you need a hug, some quiet time, or a partner for a sweet treat, the mentor team will gladly be there for you.

Being a Heemie means that we look out for one another. It means singing our house song at the top of our lungs while forming a circle around your symbol—the sun. In Heemstede we celebrate the thrill of a Derby win. We sing *Kaboemielies*, and we give our all in Heemaoke (karaoke). This is a place where we dream big together and work hard towards achieving our goals. This is a place where people from different walks of life come together to become the best versions of themselves—together. In Heemstede, our hearts beat BLUE.

My wish for you is simple: make this the best possible experience for yourself. May you look back one day and remember your university days not only for your studies, but for the life you lived while you were there.

-Sumari Smit



Dear our new family member,

Welcome to your new home! This is the start of a very exciting journey. Congratulations on being accepted to Stellenbosch University and Heemstede! So many others would give anything to be in your position, so take this opportunity with both hands.

Heemstede is already a special place. But how much it will come to mean to you depends on how freely you allow yourself to get involved. The more you share your talents, your energy, and your personality, the more Heemstede will feel like home.



MEET

Your

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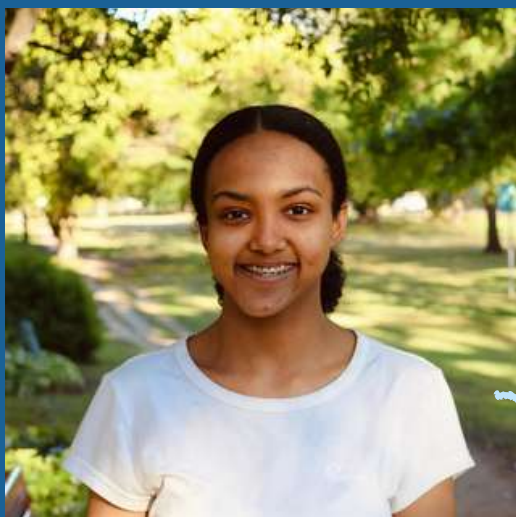


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Heemstede & Stellenbosch



OUR 2026 *Vision*

Heemstede is more than just a place to stay. It will be a true home where every student is seen, known, and embraced for their uniqueness. Our unity will be woven from the richness of our differences, our love and loyalty to our house and each other, and our strength will come from walking this journey together. Warmth will be the heart of our community: a culture of intentional care where small acts of kindness, shared traditions, and genuine connection shape our daily lives. Excellence for us will not only mean striving for personal achievement, but also lifting one another higher: academically, socially, and personally, so that each Heemie can flourish.



We are ladies with "skoonheidsprag" that will serve our house with pride, loyalty, and plenty of gees! -INISUA. Which means we show a deep sense of pride in Heemstede, we are intentional with how we connect with our Heemstede family and we are unapologetic about our gees and zest for life. Heemstede shines from within each one of us and together we will grow and flourish. In 2026, Heemstede will stand as a home of unity, a haven of warmth and a community where excellence grows naturally, and we embrace people as they truly are. Die dag , het dag het overall !



WELCOMING BOOKLET



HEEMSTEDÉ'S *House Song*

Ons is die huis van alle huise
Trots, lojaal, verryk met skoonheidsprag
Heemstede skyn in elkeen van ons
Saam sal ons groei krag tot krag

Siyindlu yezindlu zonke
Ukuqhekeka kokusa kokwam nawe
Siya kusolok siphumelela udabi
Heemstede, wen' ungowam

Friends, unity
Respect, equality and pride

Future leaders
The day, the day it has arrived

We are friends and we are family
Proud and strong in harmony
Women of power and women of strength
Thoughtful and serving our home

We are the house of all
houses
Proud, loyal, enriched
with "beauty pride"
Heemstede shines within
each one of us Together we
will grow, strength to
strength.

We are the house of all
houses
The day breaks for you and
for me
Winners of the struggle we
shall remain Heemstede you
are for me



Zihlobo, zimpiko
Nindinika yonke into
Langa nemitha
Imen'lemini, ifikile

Waar daar 'n hart is
Is daar, is daar 'n huis
Heemstede jy is vir my!

Vriende, vlerke
Jy bied my als en soveel meer
Son en strale

Die dag, die dag het aangebreek
The day, the day
It has arrived
Heemstede
Die dag, het dag het overall!

Friends, wings
You offer me everything and
so
much more
Sun and rays
The day, the day it has
arrived

Where there a heart is
Is there, is there a house
Heemstede you are for me!

Friends, wings
You offer me everything and
so much more Sun and rays
The day, the day it has
arrived



HISTORY

OF

Heemstede

Principal HB Thom has recommended that the new residence be known as "Heemstede", and that the old Heemstede will be kept permanently, as it has a special meaning to the University and Die Burger. The annex was then named "Hys Moles". Today, however, it is known as the Venustia House Committee House. The daughter of Mr. Bergh contacted Heemstede in 2004, and invited the Primaria and Vice Primaria to dinner. There she shared her experience of her stay in Heemstede and other events.

Early in the 21st century, a Victorian house at 32 Van Riebeeck Street in Stellenbosch was home to the late Mr. Henry Bergh, a fervent supporter of the University. In 1904, the house was named Heemstede in memory of Professor Nicholas Mansvelt, who was the first Dutch professor at Victoria College and was born in the village of Heemstede in the Netherlands.

Bergh had a great interest in the Dutch language, and a personal historical connection with the village of Heemstede. On the afternoon of the 18th of December in 1914, in Heemstede, sixteen men made a decision to publish a newspaper three times a week. On July 26, 1915, the first edition of Die Burger appeared as an outcome of the meeting. The founding meeting of Die Burger took place in Heemstede's annex. In 1964 the building was sold. A new residence was constructed on the site alongside the Annex building and, in 1966, the first residents moved in. The old Heemstede still stands in the shadow of her younger namesake, which currently houses the leadership of Venustia CSC.

Currently, Heemstede's history is captured in The Archive. The residence association with National Press is evident when a closer look is taken at our Coat of Arms. In addition, there is a shared motto: "het dag het overall." Heemstede's golden sun is also similar to the National Press' logo. In the process of choosing the Coat of Arms, Dr. C Pama was approached for expert advice. Dr. Pama himself lived in Heemstede for a long period of time. He designed the Coat of Arms, which was eventually registered at the State.

The Coat of Arms is an adaptation of the Dutch town Heemstede, in which the rising sun can also be seen. The seven oak leaves symbolize Stellenbosch. On 26 July 1990, Die Burger celebrated its 75th birthday, as well as reinstated its commitment to Heemstede Women's Residence by presenting a framed portrait of the residence Coat of Arms and the Netherlandic Heemstede's Coat of Arms. The portrait is still displayed in the original Heemstede Foyer.

OUR *House values*

I

Integrity

Practicing Honesty and Accountability



R

Respect

Treating others the way you want to be treated



U

Unity

Bringing individuals together to create a force to be reckoned with



L

Loyalty

Standing up for the people in our community



E

Equality

Treating everyone the same



OUR MASCOT

Oni the Otter



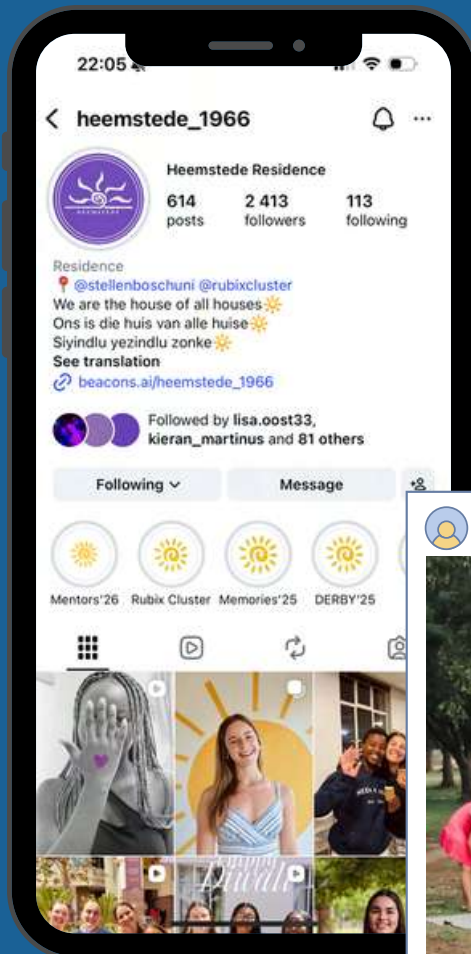
The name Oni has its roots in the African Yoruba language, where it means “born in a sacred place.” In Egyptian origins, the name also carries the meaning “wanted.”

Oni the Otter embodies both of these meanings. She is born from a sacred place, our beloved Heemstede, and she represents how every Heemie who lives here is wanted, valued, and loved. Like our Heemies, otters are playful, joyful, and wonderfully spirited creatures who love to bask in the sunshine, especially under Heemstede’s iconic golden sun.

Naturally, Oni wears a little crochet hat to protect her sweet face, lovingly made by one of our former Heemies, Josie as well as a beautifully crocheted skirt made by Gift.

FOLLOW

OUR *Socials* FOR REGULAR UPDATES



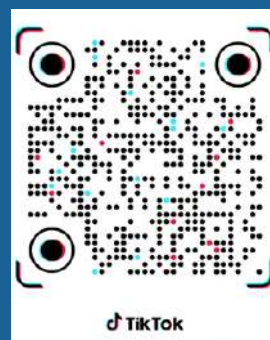
Instagram - @heemstede_1966

Tik Tok - @heemstede_1966

Facebook - @heemstede_1966



Never miss a post!



Follow us TikTok

HEEMIES

Help mekaar



The Heemies Helpmekaar (“Heemies help each other”) is a Heemstede initiative dedicated to supporting the women in our community and promoting financial inclusivity within our residence. The project has two cupboards:

- A food cupboard, stocked with non-perishable foods, sanitary products, toiletries, and stationery
- A clothing cupboard, filled with pre-loved clothing donated by Heemies

In addition to providing everyday essentials, the Heemies Helpmekaar also sponsors tickets to residence events such as House Dances and Inheemse Dinee, ensuring that every

Heemie can take part in our traditions and create memories that last a lifetime.

We gladly accept donations throughout the year. Items that are especially helpful include:

- Small room furniture
- Non-perishable food items
- Stationery
- Pre-loved clothing
- Toiletries

Your generosity helps us continue building a supportive, inclusive, and compassionate Heemstede community.



HOW CAN YOU

Contribute?

Any of the following are welcome
(monetary or physical products)

- Non-perishable food items
- Toiletries
- Sanitary pads/products
- Old/unused stationery
- Second-hand clothing
- Room furniture (eg. side tables, lamps)
- Appliances (eg. kettles, fridges, fans)
- Old textbooks/ notes



HOW CAN YOU TAKE UP SPACE *in Heemstede?* JOIN A COMMITTEE!



Culture COMMITTEES

- Molasseser
- SU Acapella
- Heemokie
- Culture Evenings **FOR WELCOMING**
- Palesa Festival



There will be a culture and talent evening during welcoming, and Heemstede has a piano available. If you'd like to prepare something – whether it's singing, dancing, playing an instrument, or reading a poem – you're warmly encouraged to do so!

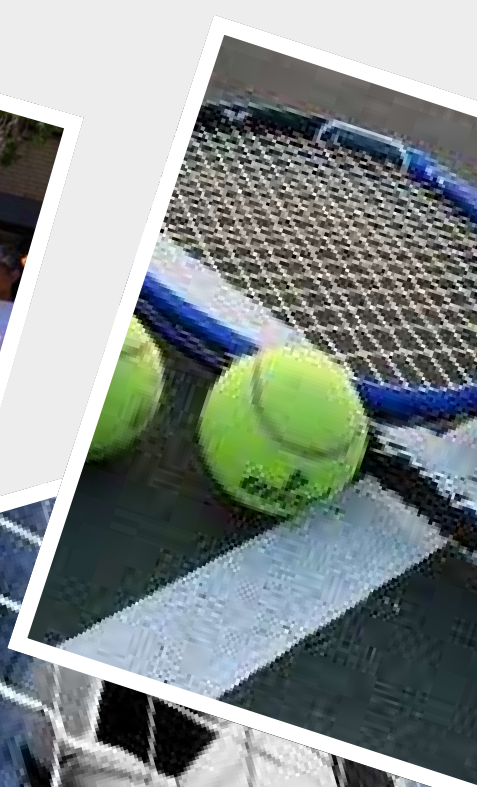
General COMMITTEES

- Alumni Committee
- Cluster Committee
- Constitutional Review Committee
- Culture Committee
- Discipline Committee
- Derby Committee
- Election Committee
- First Year Committee
- HeemiesHelpMekaar Committee
- Heemstede Week
- IBN Committee
- Interior Committee
- International Students Committee
- Inheemse dinee Committee
- HeemGees Committee
- Heemsussie Committee



HEEMSTEDE'S *Sport* OFFERINGS

- Netball
- Hockey
- Table Tennis
- Tennis
- Soccer



DURING *Welcoming*

- There will be a 5km Colour Fun Run, so please remember to bring old exercise clothes that you don't mind getting a little colourful!
- We will also be hosting a Cluster Athletics Day. If you're an athlete and would like to take part, please bring your own training gear such as spikes, starter kits, and anything else you may need.

CLUSTER

Athletics

CLUSTER NEWCOMERS

ATHLETICS DAY

COETZENBURG ATHLETICS
STADIUM

5 FEBRUARY 2026 17:30 - 20:30



PRESENTED BY THE CENTRE FOR
STUDENT LIFE AND LEARNING AND
MATIES SPORT



CENTRE FOR STUDENT COUNSELING

& Development



The Centre for Student Counselling and Development (CSCD) is committed to providing the Stellenbosch University (SU) community with psychological, developmental and support services in our quest to be partners for success. Our vision is to be a centre that is approachable, inclusive and client-centred, with our values based on shared humanity. The staff includes psychologists (clinical, research, counselling, educational), a social worker, psychology interns, student assistants, project/portfolio coordinators, support officers and administrative staff.

The CSCD consists of five units that through their core functions endeavour to promote citizenship by facilitating wellness, personal agency and sustainable equity.



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Stellenbosch,
7600

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Email: supportus@sun.ac.za



Welcoming *Information*

WELCOMING

Information



General

MOVE-IN

TUESDAY 27TH OF JAN:

12:00-16:00 Move in

16:15-17:15 Formal Welcoming

17:15-18:00 Dinner with Parents and
Final Goodbyes

18:15 Official Heemstede Welcoming
Program begins

Law student

MOVE-IN

MONDAY 26TH OF JAN:

14:00-16:00 Move in

16:00-16:30 Dinner @ Heemstede

16:30-17:45 Cluster Law Social

18:00-20:00 Law Program

TUESDAY 27TH OF JAN:

07:00-07:45 Breakfast for Law students

08:30-16:00 Law program



MATIES

Connect

Woop woop! Let's raise the roof!!

Maties CONNECT is an initiative that Stellenbosch University has started in which the community can get involved in raising funds for Maties Community Service.

This year our theme is "Carnival of Dreams". We aim to give you a chance to reflect on your dreams as you enter this new phase of your life.

Stellenbosch University's Maties CONNECT is most commonly associated with the Welcoming period at the beginning of each academic year.



THINGS TO Bring

- **White T-Shirt**
- Recyclable materials
- Glue (Pritt/Craft Glue)
- Old Newspapers
- Black plastic bags
- Old paint/ paintbrushes
- Carton
- Plastic bottles

This is like the grand finale of that period and a chance for you to have your "high school musical" moment. You won't be dancing on tables, but you will have the stage to yourself to let loose and have fun while also entertaining approximately 30 000 people!

More importantly, however, is the opportunity that CONNECT holds for uniting the entire campus under the umbrella and primary cause of raising funds for Maties Community Service. Maties CONNECT is set up as a competition between all partnerships to inspire participation in the wider cause.

We are excited to announce that Heemstede is partnering with both Osler and Equité to become Heemosté.

We plan to win, but having you in Heemstede is victory enough <3

Your Connect HC, Gift Ogwu

FREQUENTLY

ASKED *Questions*

1.

What size fridge should I buy/bring?

Ideal fridge size: A bar fridge (approx. 50cm high)

2.

When/how will I receive my student card?

There is time in our programme allocated to getting your student cards.

3.

How will I get/make food?

Heemstede has a dining hall with a deli where meals can be booked. Heemstede also has a small kitchenette with a two plate stove where Heemies can make their own food. All meals during the welcoming period are booked automatically.

4.

Will I be sharing a room?

Yes, you will be sharing a room with an allocated roommate.

5.

Can I fit storage containers under my bed?

Plastic containers are the best for under bed storage. Approximately 23cm height will allow for easy sliding.



6.

How does washing clothes work in res?

Heemstede has a laundry room with washing machines, dryers and clothes racks. We will explain uploading washing credits during Welcoming.

7.

What facilities are there in residence?

Heemstede has many communal spaces that you can make use of. Our HeemKhaya (dining hall), Ditsem (recreational hall), relaxation room, Rubix boardroom, the HC boardroom and kitchenette are all at your disposal for studying, hanging out etc.

8.

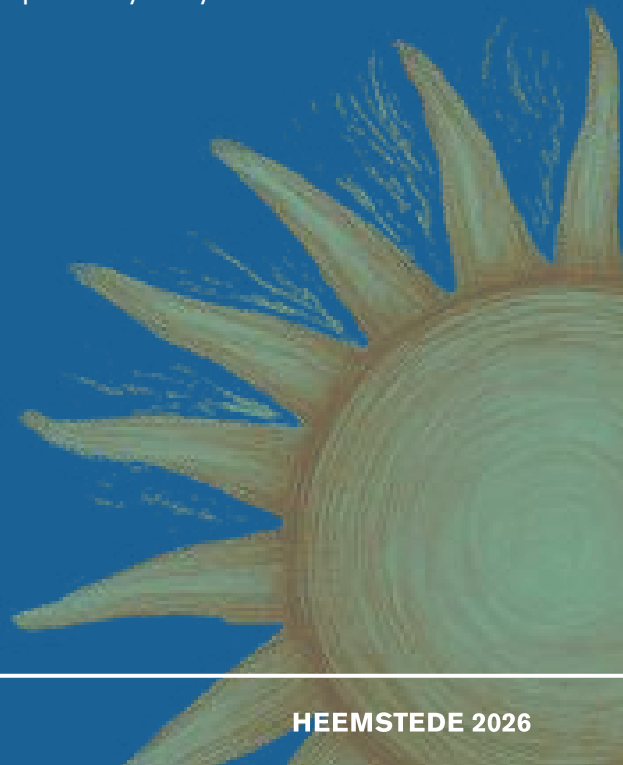
What is the bathroom situation in residence?

Each floor has 2 bathrooms with 4 showers, 5 toilets, 4 sinks and 2 wash basins for doing your dishes.

9.

What size lock should I bring?

A medium sized padlock will work perfectly for your door.



PAYMENTS

TO

Heemstede

Heemstede works on a no cash basis and makes use of EFT and snapscan facilities. The R450 merchandise payment must be made into the university's account.

The amount is thereafter allocated to Heemstede.

A proof of payment must always be obtained.

Please send the POP to Marli Krige - 082 567 7120, 28290593@sun.ac.za

The banking details are:

Stellenbosch University Bank Account Bank: Standard Bank

Account #: 073006955

Branch code: 050610

Reference: HK230 Name & Surname

NB! The reference is the MOST important thing as that is what the University uses to link the money to Heemstede.





WHAT

To Pack

Clothing

- White T-shirt for Connect
- White shirt for normal use
- Black shirt
- Blue shirt
- Pink/Purple shirt
- Red Shirt
- Brown/Beige/Yellow/Orange shirt
- Striped shirt
- Active wear
- Training shoes
- Comfortable shoes for walking
- Floral clothing item
- A smart-casual outfit (Blue/white)
- A hat/sun visor
- A funny item (Tutu/dramatic hat)
- Black ski-pants/yoga pants/tights

General

- Bedding (Bedsheets, duvet, duvet cover, pillow)
- Bathroom towel
- Toiletries (toothbrush, face wash etc.)
- Cutlery
- Dish cloth, drying cloth & dishwashing liquid
- Shower plakkies (flip-flops)
- Water bottle
- Sunscreen
- Umbrella
- Padlock for your door
- Laundry bag & washing powder
- Basic medical supplies (pain medication, plasters, etc.)
- Multi-plug lead
- Loadshedding light
- Plastic crates for additional storing under bed (optional)

Finances

- R450 for Welcoming merch - POP to Marli Krige: 28290593@sun.ac.za, 076 633 5284
- If you are able to donate non-perishable food items for HHM, please also bring these with.

Sport & Culture

- Refer to pages 31 and 32

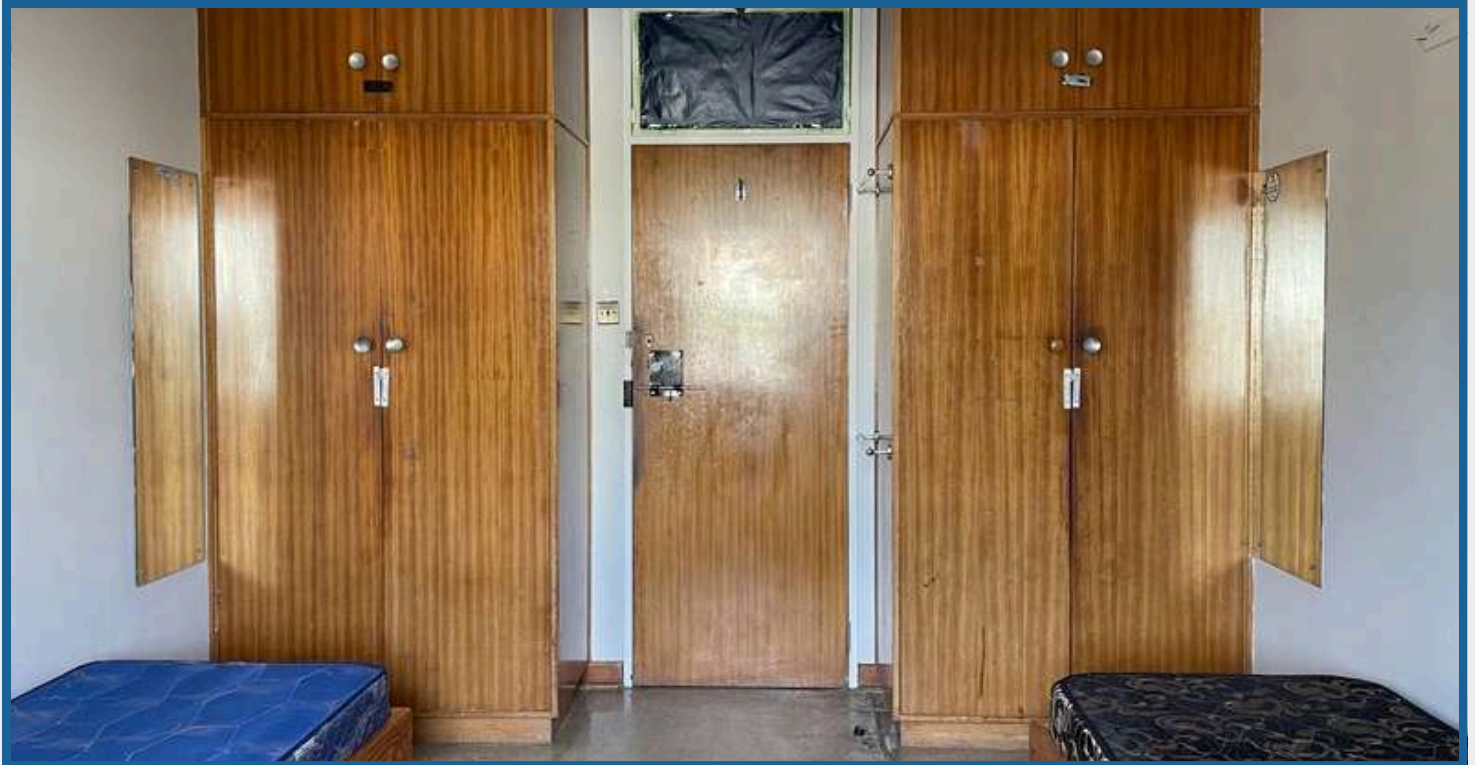
Connect

- Refer to page 37

Please note:
You do not have to buy any of these items, you can source them from your closet.

WHAT WILL MY ROOM *Look Like*

You can decorate your room in any way you'd like (without drilling holes or using double sided tape or any other things that could damage walls) to make it more homey!



SAFETY

Information

The following is with regard to the use of electrical appliances in residence rooms.

It has been compiled based on the university's accommodation rules.

Allowed

- Small refrigerator (up to max 150l)
- Kettle
- Multi-plug (on which individual plugs must be able to switch on and off)
- Bed lamp & desk lamp
- Hairdryer & straightener
- Extension cord
- Fan
- Fan heater

Not Allowed

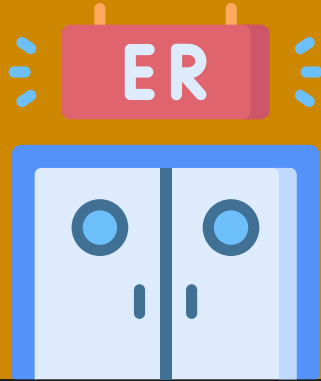
- Anything with open heating elements
- Heaters with rods
- Hot plates
- Toasters
- Microwave
- Coffee machines
- Air fryers
- Stoves



EMERGENCY *Numbers*

ER24 Medical Services

010 205 3032



Stellenbosch State Hospital

021 887 0810



Stellenbosch Mediclinic

021 883 8571



Stellenbosch Police Station

10111
021 809 5000

Crisis Service

082 557 0880

Campus Security

021 808 2333



Fire Department

021 808 8888



Sustainability Message

Sustainability:

Please bring along any recycled materials you have at home!

Think plastic bags, cardboard, old magazines, bottle caps, anything we can repurpose and get creative with :)



Eco-friendly living

How to reduce your carbon footprint and join the Net Zero Carbon journey

Water

- Water restrictions still apply.
- Use only 80 L /person/day.
- Shower 3 -5 min.
- Use eco-friendly personal products.
- No rinsing or washing with running water.

Transport

- Everything is within easy walking distance on campus.
- Walk or cycle instead of driving.
- Hire a Matie bike.
- Share rides or use shuttles.

Get involved

- Join your community Green/Sustainability Com.
- Follow: @su.environmentalsust

Energy

- Use LED lamps only.
- Limit fridge use to one 150 L bar fridge per room.
- Airdry clothes when possible.
- Turn off lights & unplug devices when not in use.
- Use A++ energy efficient appliances (low wattage).

Waste

- SU has a zero waste to landfill goal.
- Buy less items that must be thrown away.
- Bring reusable bags, cups, bottles and containers - no single use items.
- Compost food scraps & sort recyclables properly.
- No wet items in the recycling bin.



ARE YOU READY FOR *Welcoming?*

