

# 3 2 1 I R E N E



WELCOME TO  
**IRENE**

EST. 1963

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*About*

## IRENE

In 1963, Irene opened its doors to welcome 169 residents, making it the 9th female residence built on the Stellenbosch campus. Irene catered for 169 and after undergoing renovations in 2013, it now takes in 321 students. Irene is currently the largest female residence on campus.

The House is named after Irene, the goddess of peace. To honour this, multiple women that have received a Nobel Peace Prize are displayed on the walls of our house. They serve as a reminder of what one can achieve in the face of adversity.

Irene offers a variety of platforms for every Irener to live out their passions, explore their talents, make new friends and grow as an active member of society. In Irene, we listen to each other in order to learn from each other. This allows us to live in the best way we can, in our residence, in the wider Stellenbosch community and society.

Our vision for the house is to create a safe and inclusive community, that fosters growth, prioritises wellness and promotes a sense of connection. As leaders, we commit ourselves to informing our thinking. Using our values as a compass, our team will achieve this goal through intentional leadership, therefore creating a well-rounded, transformative student experience.

Ultimately, we aim to develop leaders in Irene who feel empowered to choose deep change.

Feel free to

# CONTACT US



## Social Media

← ireneresidence

440 posts 2 517 followers 147 following

**Irene Residence**  
Residence  
Est. 1963  
Stellenbosch University  
*Integrity • Respect • Empathy • Humility • Ubuntu ... more*  
linktr.ee/irene\_residence  
Followed by kyla\_hey!, lizetherezdippenaar and 100 others

Follow... Message Email

HC'23/24 #321 good times Irenetjie Welcc



<http://blogs.sun.ac.za/irene/>



@ireneresidence

<https://instagram.com/ireneresidence?igshid=NzZlODBkYWE4Ng==>



irenewelcoming@sun.ac.za



Irene Residence

<https://www.facebook.com/hk.irene.9?mibextid=ZbWKwL>



ireneresidence



## Address

Irene Residence  
75 Victoria Street  
Stellenbosch  
7600

Please feel free to follow and stalk us on social media!

Dear

# FUTURE IRENER

This booklet contains everything you need to prepare you for an exciting new journey in 2026! Along with the booklet, we have also sent a link (Microsoft form) with your Roommate questionnaire that needs to be completed by 17 January 2026. We also sent a link of our Newcomers WhatsApp group, that you can join anytime from the beginning of January. Please contact us at irenewelcoming@sun.ac.za if you are not on the group by then.

On the day of your arrival, If you haven't paid the R660 for your special Irene merchandise via EFT [send us the proof of payment to Rachel (irenefinance@outlook.com)], please be prepared to pay it then via EFT, card or Snapscan. Every newcomer will receive special Irene merchandise. If you are able and willing, you can sponsor someone's welcoming merchandise as well. Please email Olivia van Reenen (28137612@sun.ac.za) if you want to sponsor a welcoming pack.

You can choose to pay via EFT (refer to the banking details included in the Welcoming email) or via card or Snapscan. Irene uses a cashless payment system and therefore we unfortunately cannot accept and cash payments. Please contact Tiniah Pullen (28560671@sun.ac.za) if funds are not available to you.

Please feel free to contact us at irenewelcoming@sun.ac.za if you have any further questions or concerns.

## WELCOMING AT A GLANCE

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	26 Law students move in day	27 General move in day	28 Official welcoming by Rector	29 Cluster Day	30	31
1	2	3	4	5 Cluster Athletics	6	7 Vensters (Connect) Welcoming ends
8	9 Classes begin	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	

2026

# REGISTRATION

All new students at Stellenbosch University are required to register from 22 January 2026. Registration ends 5 February 2026.

Please register online at [midtier.sun.ac.za](http://midtier.sun.ac.za)

Click on "SUNStudent - New Registration"

If you are unable to register or require our assistance during the welcoming period, please bring the following documents with.

1. Advice of Results of the 2025 NSC or IEB final school leaving exam (if matriculated after 2014 and before 2025 those results can also be brought with).
2. NSC or IEB candidates who matriculated in 2018 or earlier: National Senior Certificate.
3. Candidates from other school systems: School-leaving certificate/s and certificate of university exemption issued by the SA Matriculation Board.
4. Candidates who studied at other universities: The document/s mentioned at 2/3, as well as an original academic transcript/record and certificate of good conduct issued by the university concerned.
5. Printed proof of your payment of course and residence deposit.
6. If you are not a South African citizen: A certified copy of your valid study visa (or proof of permanent residence in South Africa) and a certified copy of your passport. For visa holders - a proof of South African medical aid.

# Irene CONNECT

Connect (also known as Vensters), is a big open-air event in which newcomers make a performing entrance to their Stellenbosch journey. All the student residences and CSCs (Commuter Student Communities) are partnered together for the performances. This collaboration aims to build a sense of community, to positively push students out of their comfort zones and to help create long-lasting memories for all students involved.

Each Connect partnership hosts a production where students have the opportunity to impress and win people over, through acting, dancing, humour, innovative storylines and ultimately enjoying themselves. This event features the newcomers of Stellenbosch University and is a rite of passage for every Maties student... it's lots of fun!

Irene has been paired with the amazing students of Huis Marais and Lydia to create what is now known as Huis Lyrene !

We look forward to creating this memorable experience with you and sharing the dove love between the communities!

-Irene Connect Committee 2026

## Items to bring for Connect (\*\*items that are not compulsory):

Plain white T-shirt and plain  
black T-shirt

Black jeans, tights or pants

\*\*Face paint, glitter and ribbons

*Our*

# VALUES

The values of Irene form part of the filter with which we, as Ireners, approach day-to-day life. Therefore, we follow a value-driven management approach instead of a rule-based system which guides us and acts as a benchmark for our actions and the way we interact with each other. You will hear a lot more about how this works when you get to Irene. In the meantime you can acquaint yourself with the Irene values and what it looks like in this context:

## 1 Integrity

- The quality of being honest.
- Being able to be held accountable by the house and having transparent leadership.
- It is the act of admitting we are wrong or made a mistake and being accountable for our actions.

## 2 Respect

- Being aware of the rights and feelings of others.
- Treating people in the way they wish to be treated, while acknowledging their human dignity.
- This includes having respect for yourself, others and the environment.

## 3 Empathy

- Being aware of the feelings and emotions of other people.
- It is the link between self and others, because it is the wish for us to understand what others are experiencing as well as the acknowledgement that we may never fully understand.

## 4 Humility

- The belief that our humanity as individuals in the house is not solely embedded in ourselves, but rather co-substantively bestowed upon the other and ourselves.
- As such, our relationships are defined by our compassion and kindness towards others, as well as our commitment to fellowship and interconnectedness.

## 5 Ubuntu

- Especially with leadership, it is the embodiment of servant leadership.
- It is the belief that all are equal within the house regardless of age, race, degree, language or accomplishment.
- Therefore, we listen to understand and not to respond.



The

# Irene Pledge

## Why Our Residence Pledge Matters

As a newcomer to Irene, you are stepping into a community built on shared values, mutual respect and a deep belief in each person's potential. The Irene Pledge is more than a collection of words - it's a reminder of who we are, how we treat one another and what we aspire to become together.

By embracing this pledge, you become part of a tradition of students who commit to listening, learning and contributing to an environment where everyone can thrive. It encourages you to hold yourself and others accountable, not out of obligation but out of care for the community we share. In a place as diverse and dynamic as ours, the pledge helps us stay grounded in respect, empathy and responsibility.

This commitment also reminds you that you are part of something bigger than yourself: a network of Ireners who uplift, support and celebrate one another. Together, we work to create a home where every person feels seen and valued.

May this pledge serve as a source of inspiration throughout your university journey. When challenges arise or decisions feel difficult, return to it. It will help you navigate with integrity, compassion and purpose. By living these values, you not only strengthen our community but you also grow into a responsible and engaged citizen who leads with heart and contributes meaningfully to the world.

Welcome to Irene. You belong here, and your presence helps shape the community we become.

*The*

# IRENE PLEDGE

I, as an Irener, pledge to be a part of a community that listens to and learns from each other.  
I pledge to hold myself and others accountable for the environment we create.  
I will embrace the diversity of our community.  
I pledge to respect my fellow Ireners.  
I, as an Irener, recognize that I am part of something bigger than myself.

## What is a Cluster?

A cluster is a larger student community made up of various residences and CSCs that are geographically close to one another. The concept of cluster was introduced in 2007 as a way to connect and involve commuter student community (CSC) students with the activities and facilities available to students living in university and to create network opportunities for all.

Clusters promotes community building, offer a wider support structure and allow for collaboration and innovation to take place. They provide platforms that enable holistic development, networking opportunities, foster belonging, promote active citizenship and integrate and bridge gaps between different members of society through engagement.



## Wimbledon Cluster Information

The Wimbledon Cluster consists of six communities that are all situated in the area surrounding the Wimbledon Hub. These include:

[Aristea](#) | [Vesta](#) | [Eendrag](#) | [Helshoogte](#) | [Sonop](#) | [Irene](#)

During Welcoming, you will have the opportunity to meet fellow students in the cluster and make friends outside of your community (residence or CSC). Cluster Interaction and Cluster Day during Welcoming is your first opportunity to engage with communities in Wimbledon. It is really something to look forward to!

# Wimbledon Cluster Information

In addition to being part of such a vibrant and spirited cluster, you have the added option of booking meals at the residences with open dining halls that form part of the Wimbledon Cluster, especially at the monthly "First Wednesday" lunch. The Wimbledon Hub also sells food and has a quiet space for studying.

During welcoming you will meet the Wimbledon Cluster Conveners, Carina Steytler and Corne Prinsloo, who are responsible for creating a platform for engagement and connection.

Meet Wimby!



The cluster experience provides you with the opportunity to network and form academic and social contacts. The cluster has events during the year, where you can look forward to opportunities for personal growth and meeting new people. Cluster events are very special and exciting for new maties.



Please follow us on Instagram @wimbledoncluster

# A word from your cluster convenors

Congratulations on embarking on this incredible journey at our university! We want to extend a warm welcome, not only to Stellenbosch and your respective student communities, but your greater Wimbledon Cluster!



We're overjoyed to welcome you to the place we proudly call our second home - a space where we're working tirelessly to make sure you feel like you've found your second home too

University is a place of growth, discovery, and transformation. It's a time to embrace change, and challenge yourself. As you navigate through the streets of Stellenbosch, remember that it's okay to feel a mix of excitement and nervousness. You are not alone—everyone around you is on a similar journey.

Embrace the change that comes with university life. This is a unique opportunity to expand your horizons, both academically and personally. Step out of your comfort zone, join committees, attend events, and meet new people. The diversity of experiences and perspectives on campus is vast, and it's in these interactions that you'll discover new passions and forge lasting connections.

Now, you may be trying to digest all of this new information being thrown your direction. Let's break down what our Cluster is... Wimbledon is our bridge between our 6 student communities, namely: Aristeia, Vesta, Sonop, Irene, Eendrag, and Helshoogte. Wimbledon offers you a host of events, clubs, sports, personal and professional development opportunities and social events to ensure you are exposed to students from different communities. Cluster also offers you the Wimbledon Hub, conveniently located at the epicenter of our communities - it is a place to study, meet up with friends, grab food, and relax.

Cluster will be introduced to you during welcoming, and we are so excited to call you a WimbleWinner!

We can't wait to witness the incredible impact you'll make.

Best wishes for a fantastic journey ahead.

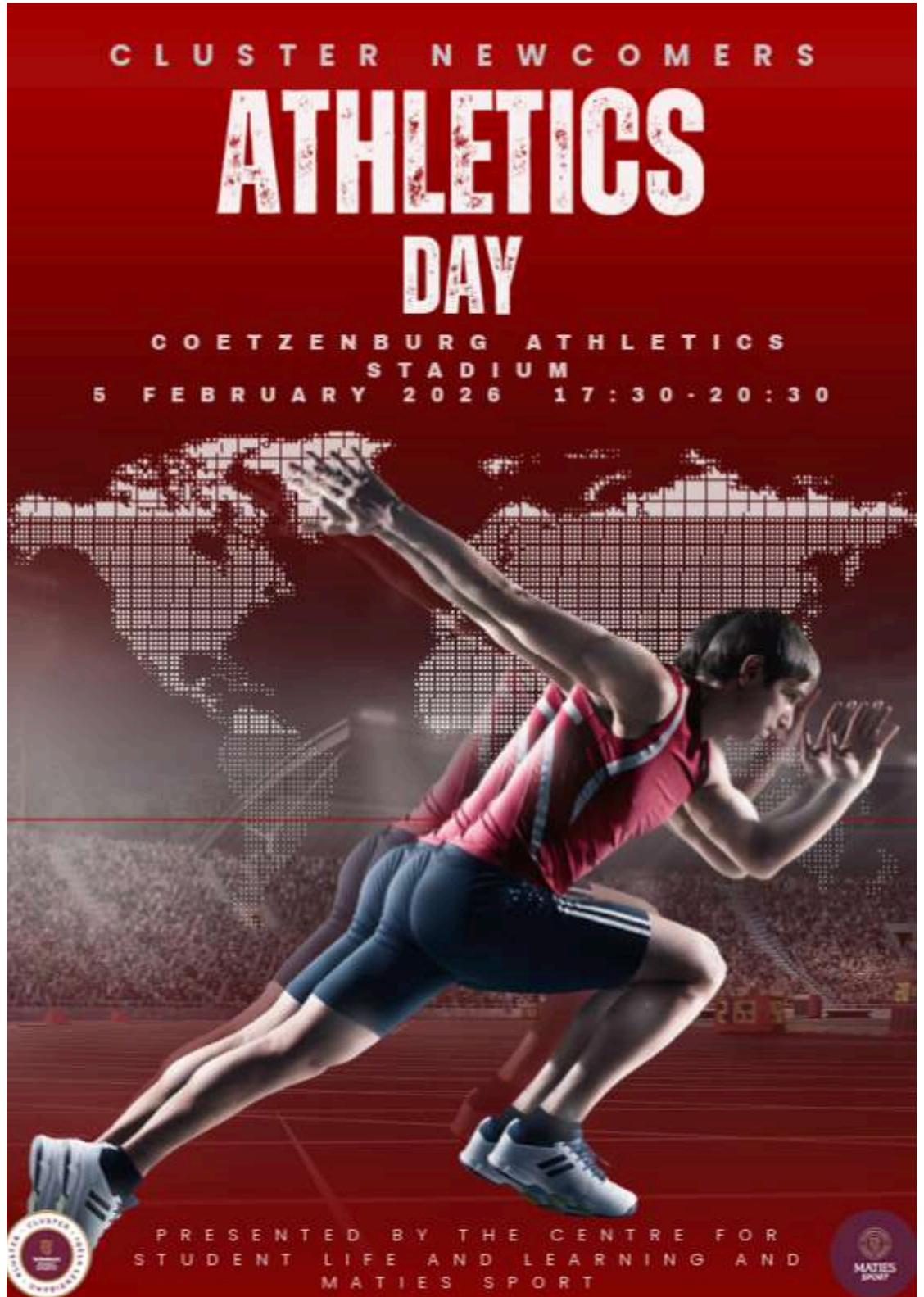
We cannot wait to meet you!

Carina and Corne

## Cluster Athletics

Get ready to represent our cluster in the upcoming Cluster athletics during welcoming week!

If you're interested in participating make sure to bring any sports equipment you may need, including spikes or appropriate shoes for the event. This is a great opportunity to compete, have fun and show off you cluster spirit!



Dear New Irener,

Congratulations on securing your place in Irene Residence for 2026! It is with great pleasure and anticipation that I extend a warm welcome on behalf of the Irene community. The current residents are buzzing with excitement, making ample preparations to ensure your smooth transition into the vibrant Irene community.

As recent Newcomers themselves, they fully understand the significance of this phase in your life. The journey ahead is bound to be special and transformative, offering not just academic growth but also exciting opportunities to discover and develop the skills that will shape you into the person you aspire to become.

Embrace the experience wholeheartedly, for you will emerge from this adventure forever changed - for the better! So, buckle up, seize every opportunity and savor every moment.

Please assure your family that you are in good hands at Irene, where:

- The residence is governed by a democratically elected house committee, working in collaboration with the resident head.
- Dedicated mentors have been appointed to guide you through the transition from school to university life.
- Irene has a proud track record of academic excellence, consistently ranking among the top residences on the Stellenbosch campus.

I am excited about the prospect of meeting you and your parents on the first day of your academic journey. Feel free to reach out if you have any questions or concerns in the meantime.

Wishing you a fantastic start to your university experience!



Warm Irene regards,  
Riana Engelbrecht  
Residence Head: Irene  
Coordinator: Wimbledon Cluster

rianae@sun.ac.za  
021 808 2445/3034  
084 030 0120

# LETTER FROM THE

*Residence Head*

Dear lovely first-year Ireners,

I am Christelle, and it is my absolute honor, a truly surreal moment, to welcome you into Irene 2026.

When I first stepped into Irene, I felt so much uncertainty. I didn't know what to expect or what awaited me at welcoming. Honestly, I was nervous and I want you to know, that is completely normal. Take a deep breath, you are not alone! I promise you, your mentor, section HC, the welcoming team and I cannot wait to meet you. I am excited to greet each one of you at the door and get to know you throughout welcoming and the year.

This change is a scary, bittersweet and exciting start of a chapter in your life. I encourage you to take hold of this experience with both hands and embrace this exciting adventure. You will learn so much about the world and yourself, and you will grow immensely during this time. The Christelle who stepped into Irene as a newcomer is not the same Christelle I am today. Within these walls, you will meet lifelong friends, experience adventures, and grow as a person to be ready to step out into the world.

What can you expect from Welcoming? On Welcoming Day, you will be welcomed, meet your mentor, discover your section, move into your room, and meet your HC. The goal of welcoming is to introduce you to Irene and Stellenbosch University, and to prepare you for your classes. During welcoming, you will get to know your fellow Ireners, your HC, mentor, and roommate, creating a true sense of belonging and familiarity with Irene. Trust me, Irene may feel like a maze at first, but by the end of welcoming, you will navigate it like a pro! You will also learn how to get around campus, find your classes, and get ready academically through orientation activities, registration support, Wi-Fi setup, and more. By the end, you'll be ready, even if you occasionally still rely on Google Maps.

My biggest piece of advice for welcoming is to embrace it fully. Welcoming only happens once, and it is a special time. Yes, it will be busy, and sometimes tiring and overwhelming, but I challenge you to step out of your comfort zone. Take initiative and start conversations, I promise, everyone else is nervous to take the first step! There may be moments when hundreds of names fly through your head, embrace that feeling too! Bring your energy and true self and enjoy every moment. We have designed the program for you to truly enjoy this time.

If you ever feel alone, please feel free to come sit with me, even if it is in silence. You will find friends during welcoming, and there is a place here for each and every one of you to fit in.

For your first year, take chances and challenge yourself. You are stepping into a new environment, a real taste of the world beyond your comfort zone. Take the risk, step out of your comfort zone and allow yourself to grow as you learn on campus. You never know, next thing you know you are writing a welcoming letter to the first-years!

Dove love,  
Christelle

# LETTER FROM THE

*Primaria*



Dearest Irener,

Irene is a home away from home. Where friends become family. You will meet people at University that will change your life.

The person you are now, will change and grow over the next few years. I am Lihane' Roux, Vice- Primaria entering my fourth year in Irene.

My advice to you is the following:

- Get involved and take part, don't disappear. You are here for a short time and you have to make it worth it.
- Study hard and work hard. Get that degree and make your parents proud. Do it for yourself and put everything you have into it.
- Enjoy every single moment. Go big or go home.

I am so excited to meet each one of you. Irene is where I met my friends for life and made memories I will never forget. Irene is the laughter I hear in the rooms as I walk down the hall. Irene is the conversations in the dining hall and under the trees in the quad.

Irene is the screams of excitement at Derby and Irene week. Irene is the late night chats on the balcony. Irene is the late night study sessions in the new rec. Irene is where students become friends and become family.

Dove Love,

Lihane

# LETTER FROM THE

*Vice Primaria*



Dearest newcomers of 2026,

We are beyond thrilled to have you join our vibrant community here at Stellenbosch University. This is an exciting and transformative chapter in your life, and we cannot wait to welcome you to your new home – Irene Residence.

We are Olivia and Rachel, your welcoming leaders for 2026. Together with the House Committee, our role is to help you settle in, feel comfortable and embrace all that Irene has to offer. We will be by your side as you meet your new community, fellow Ireners and take your first steps in this next chapter. We understand that this phase brings some uncertainty, so we are here to answer any questions and support you every step of the way - both inside and beyond the walls of Irene.

The welcoming period is designed to make your transition into student life at Stellenbosch smooth and enjoyable. We have curated a programme filled with opportunities to adjust, settle in and build connections that will last a lifetime. From engaging events and group activities to bonding with fellow your Ireners - there are countless opportunities where every experience is a chance to connect, learn and grow as a member of the Irene community.

Over the next few weeks, you will participate in and explore the many facets of university life. During this time, we encourage you to live fully in every moment and approach each day with curiosity and excitement. Embrace the discomfort and allow yourself to fully immerse into experience.

Remember that you are never alone - your Irene family is here to guide, support and cheer you on every through every new adventure, challenge and triumph.

Whether you are joining Irene events, exploring new experiences or forming friendships, remember that this is a space where you are seen, valued and celebrated! From day one in blue, the sky is yours and we can't wait to see you soar.

Welcome to Irene – where it only gets better!

Sending lots of dove love,  
Olivia & Rachel

# LETTER FROM THE

*Welcoming HC*



# The HOUSE COMMITTEE

## 2026

*Primaria*

*If it was meant to be, it simply would be.*



**Christelle Ruth Venter**

**Chemical Engineering Masters (year 1)**

- **Leadership & Personal Development**

*Vice Primaria*

*Dance like no one is watching sing like no one is listening.*



**Lihane Roux**

**Bcom Logistics and Supply chain Management (Honours)**

- **Safety**
- **Roompoints**



### Beatri Turner

BSc Human Life Sciences ( focal area: psychology)

- Culture (external)
- Alumni
- Connect (script)



### Chante Zwiegers

BSc Biomedical Mathematical Science

- Social Media & Marketing
- Wellness & Mentors



### Tiniah Pullen

BA International Studies

- Social Impact
- Spirituality

Accept the things you cant control.



**Chloe Wessels**

**Bcom Accounting**

- GSA
- Maintaneance
- Parking

"In the face of adversity, let resilience be your greatest weapon and perseverance your guiding light."



**Eloise van Driel**

**BEng Industrial Engineering**

- Culture (internal)
- Merchandise & Branding
- Catering

Wherever you go, go with all your heart.



**Phoenix Bailey**

**BEng Industrial Engineering**

- Sustainability
- Technology
- Empowerment

*"Always stay gracious, best revenge is your paper." -Beyonce*



**Tshegofatso Masao**

**LLB (Bachelors of Law)**

- **Critical Engagement**
- **Interior & Facilities**

*In the light of eternity, what does it mean?*



**Zoe Dunster Van Den Heever**

**Bcom International Business**

- **Cluster**
- **Sport**
- **Socials (welcoming)**

*Have courage and be kind*



**Karla Lombard**

**LLB (Bachelors of Law)**

- **Administration**
- **Community Building (events)**
- **Welcoming Monitors**

*"How you anything, is how you everything." - Emma Grede*



**Rachel Msibi**

**BCom Management Science (Focal Area:  
Human Resource Management)**

- **Welcoming & Newcomers**
- **Finance**

*"Be the reason someone feels welcomed, seen, heard, valued, loved and supported."*



**Olivia Van Reenen**

**BCom Management Science (Focal Area:  
Entrepreneurship and Innovation  
management)**

- **Welcoming & Newcomers**
- **Events**
- **Sponsors**

*"Everything happens for a reason"*



**Sian Frankfort**

**BSc Bioinformatics and Computational  
Biology**

- **Connect (Dance)**
- **Community Building  
(CU & Sections)**
- **Derby**

# LETTER FROM THE

*Head Mentor*

Hello, newcomers!

When I first arrived here, I had no idea how deeply this place—and the people in it—would shape my life. What started as just a building quickly became a home, filled with friendships, growth, and a community that truly holds you.

As you step into this new chapter of your life, my biggest hope is that you will find your people and your purpose here. University is a season of discovery, and there is so much waiting for you—new connections, new passions, and moments that will become memories you'll carry for years.

As your Head Mentor, I want you to know this: you are not doing this alone. My mentor team and I are here for you with genuine compassion, open hearts, and a commitment to walk beside you through the highs, lows, and everything in between. Whether you need guidance, support, a listening ear, or simply someone to sit with you during a tough day, we are only a message or a knock on the door away.

Irene is more than a residence—it's a sisterhood, a safe space, and a place where you can grow into the person you're meant to be. We can't wait to meet you and celebrate the journey ahead with you.



With love,  
Julia Steenkamp  
Head Mentor

The

# MENTORS

2026

Julia  
Steenkamp

BEng (Mechanical  
Engineering)



"Consider how the wildflowers  
grow..."

Chulumanco  
Schaap

Bachelor's in Social Work



"The flower that blooms in  
adversity is the most rare and  
beautiful of all." - Mulan

Kayla Olivier

BSc in Computer  
Science



"Consider the lilies of the field,  
how they grow: they neither  
toil nor spin."

Marnia  
Opperman

Bachelor of Accounting  
and Law



"A negative mind will never  
give you a positive life."

Marquerite  
van Eeden

BEng (Civil Engineering)



"Do not be anxious about anything"

Matseko  
Tatum Pitlele

BSc in Chemistry: Chemistry  
and Polymer Science



"Take the risk or lose the chance."

Ashira Bibi  
Aziz

BSc in Human Life  
Sciences: Biology with  
Psychology



"Carpe Diem."

Sabina  
Schlettwein

BEnd (Chemical  
Engineering)



"Remember to live while you're  
busy surviving."

Vhuhwavha  
Mulaudzi

BAccounting



"My journey taught me this: it might  
be hard, but you can do it. The girl  
who keeps going is the girl people  
will look up to."

Hermione  
Shaw

BCom International Business



"Great things take time."

## Miané Lessing

BSc in Applied Medicinal Chemistry



"Kindness is contagious."

## Pei-Shan Wang

BCom Actuarial Science



"If a thing is worth doing, it is worth doing badly."  
~ G. K. Chesterton

## Anika Neethling

BAccounting



"Let all that you do be done in love."

## Lisa Kotzé

BAccounting



"Dream boldly, work steadily, grow confidently!"

## Anastazia Krautkramer

BSc Molecular Biology  
and Biotechnology



"Live life, don't let it live you."  
- Pitbull

## Jordan Lund

BEng (Electrical and  
Electronic Engineering)



"Amor fati"

## Shenique Ray Smith

BA Human Resource  
Management



"Do not be anxious about anything"



# IN IRENE



## Meals in During Welcoming

All newcomers will eat in our Irene Dining Hall during the welcoming period to foster a community. All meals during the welcome period until the start of classes will be automatically be added to your student account. Newcomers will receive breakfast, lunch, and dinner.

Please be sure to contact Eloise van Driel (28110609@sun.ac.za ) if you have any dietary requirements.



## Meals Throughout The Year

The Irene menu has a variety of options. Chicken meals, vegetarian meals, vegan meals, and the standard meal can be chosen. Standard meal option on the menu stays the best value for money on campus! All meals booked in Irene include a beverage and a side salad. Irene has a Halaal kitchen and so many students have their meals in our dining hall throughout the year.



## Parking In Irene

Newcomers have to apply with the university for parking as soon as possible as only 23% of Ireners get parking around res due to limited spaces.

Parking is allocated according to room points, however, everybody who applies gets parking either at the Irene limited space or a secure periphery parking (within 1 km from Irene).

*Life*

# IN IRENE

## *Roommates*

In Irene, all newcomers are allocated a roommate for first year. These roommate pairings are determined by careful consideration of many factors - including your roommate questionnaire. We therefore we urge you to be honest with yourself when answering the questions provided and complete the link in welcoming email form on time.

One of the most nerve-wracking, yet exciting parts of moving into a residence is meeting your roommate. After all, they are the person you will be sharing your personal space with. It is completely normal to be hesitant, nervous and outright scared of the prospect of having a roommate. There are times when you may feel like the only person struggling to adjust, but believe me, you are not alone. Many of your fellow Ireners are in the exact same position. Give yourself time to adjust and take it all in, one step at a time.

You and your roommate are two unique individuals, who may seem vastly different in many ways. You will realise that despite these differences, you and your roommate are both new Ireners embarking on one of the most transformative journeys of your lives! Your roommate might not be everything you expect and there will be times where you annoy each other, but give each other a chance. Allow your roommate to have flaws - both of you are human after all.

Use this upcoming experience as a learning curve of compromise and adaptability. Remember to be considerate, respectful and understanding of others and their experiences. You will get to know more about other perspectives and learn something beyond the scope of your academics, only if you allow yourself to.



# HEALTH AND SAFETY

*General Health*

Parents/ students are kindly asked to inform the resident head, Riana Engelbrecht, if the student has any serious allergies, suffers from a sickness or falls ill.

NO MEDICATION MAY BE PROVIDED TO STUDENTS BY IRENE. WE THUS URGE EVERY STUDENT TO BRING ALONG BASIC MEDICAL STOCK SUCH AS PILLS, PLASTERS, OINTMENT FOR INSECT BITES AND WOUNDS AND CHRONIC MEDICATION.

The Stellenbosch University Campus Health Service (CHS) offers an integrated and accessible health service for students within walking distance of Irene (standard medical fees apply). These services are provided in 5 focus areas (Family Medicine, Health Promotion and Preventative Medicine, Sports and Exercise Medicine, Occupational Medicine and Physiotherapy) by experienced and appropriately qualified medical practitioners.

CHS is also licenced to dispense medicine and has an equipped pharmacy for this service. Free nursing services are available. These health facilities will be shown to all new Ireners during the Welcoming Program. A first aid kit will be carried with the newcomers to every event during the welcoming period in case of an emergency.

For more information visit:

<https://www.su.ac.za/en/students/support/health>

For after hours and emergencies:

Stellenbosch Medi-Clinic 021 861 2094/5

Stellenbosch Hospital 021 808 6125



# HEALTH AND SAFETY

Campus security makes an important contribution to campus safety through patrolling and also offers an effective reaction capability, thereby creating a system of staff and students taking primary responsibility for their own safety. Make sure to save campus security's number to your phone.

Every Irener should take responsibility for their own safety. Students who exhibit high risk behaviour make themselves vulnerable and contribute to an unsafe campus and Irene. Their behaviour creates opportunities for crimes and attacks by criminals on campus. Our best security system is all Ireners giving their full cooperation.

You are encouraged to take extra measures to keep yourself and others safe! Some extra measures that you can take are:

- Avoiding walking in isolated areas
- Walking in groups whenever possible
- Immediately contacting campus security of any suspicious behaviour/ incidents
- Carrying pepper spray, a whistle or any other tool that can help you in an emergency situation
- Ensuring that you tell someone where you are going and share your location with them
- Avoiding being out very late at night
- Calling Campus Security to walk with you to places on campus



CAMPUS SECURITY (AFTER HOURS) – 021 808 4666  
CAMPUS SECURITY – 021 808 2333  
SAPS – 10111

# Facilities IN IRENE



## 1 The Foyer

Straight through the front doors of Irene is the foyer. The foyer offers a warm welcome where you can meet visitors.



## 2 The Small Rec Hall (Dove Studio)

To the right of the foyer, you will find the small recreational (rec) hall where you are welcome to host your guests.



## 3 The Dining Hall

Irene has a big dining hall where you can eat your meals and socialise if you wish to.

## 4

### Sections

Irene is divided into twelve sections, each assigned to a House Committee member and named after a different constellation.

Two or more sections share a communal bathroom, as well as a section area equipped with a kitchenette and seating space.



# Facilities

## IN IRENE



### 5 The Standard Double Room

Your room, although shared with another Irener, will be your safe space and therefore you can decorate your room as you wish. Bring your own bedding and accessories (no holes may be drilled in the walls - all repairs to damages will be paid by you).

PLEASE NOTE: You are not allowed to replace the curtains supplied by Irene. All damages (such as holes in walls, etc) will be billed to your student account.



All rooms have curtains, desks, chairs, beds, mattresses, built-in-closets, built-in-shelves and bins (2 of each in a double room).



### Irene offers many other facilities, including:

- A computer room with access to printing
- Areas for socialising - including a bigger recreational hall.
- A quad for res events
- A spirituality and quiet room that is available for all religions
- Study rooms
- A kitchenette with a microwave, a boiler and a sink for washing up the dishes
- A secure bike shed
- Laundry facilities
- Storage rooms to store your belongings during the holidays
- An elevator to reach the higher floors.



# Facilities

## IN IRENE



6

Right outside Irene there are two food outlets (Padkos and Chalkboard in the Hub) where you can grab a bite if you missed a meal or when you are just hungry for a snack.



There are two shopping malls within a walking distance of 1km.

Beautiful Jan Marais Nature Reserve is located across the road for afternoon walks or jogs.



Access to tennis and squash courts (located next to Irene).

Access to the Wimbledon Hub for studying.



# THE HOUSE *2025*



We are so excited to  
start this journey  
with you!

#321 Irene

# If possible please bring the following:

- We have a special activity planned that requires old news papers, plastic bags, any sellotape and a scissor.
- Non-perishable food items and/or pads (To be donated to our Irene4Irene Initiative, more details about this initiative is in the email.)
- Don't forget to send proof of payment to [irenefinance@outlook.com](mailto:irenefinance@outlook.com) (if you have purchased the welcoming packet with your special Irene merch, EFT) . You can also choose to pay via card or Snapscan on the day that you move into Irene.
- Above items mentioned for Connect if possible (Plain white or black T-shirt, Black jeans, tight or pants, face paint, glitter and ribbons).



*Packing*

# FOR YOUR ROOM



*Checklist*

**Please note that this is only meant to serve as a guideline that you do not have to follow!**

- Fan (for the heat)
- Multiplug/2-point plug (SABS approved)
- Extension lead (SABS approved)
- Iron/Steamer
- Dustpan and brush
- Umbrella
- Lock for your door \*\*
- Lock for your cupboard
- Cups, plates, cutlery
- Dishwashing liquid, cloth, sponge, etc.
- Washing powder/liquid, pegs
- Laundry bag/basket
- Basic first aid kit\*
- Bar Refrigerator \*\*
- Plastic containers - storage under bed\*\*
- Sunscreen/Sunblock
- Clothing hangers
- Shower flip flops & towels
- Toiletry bag/basket for showering
- Water bottle
- Duvet, bed sheet, pillows, etc.
- Stationary, backpack / shoulder bag etc.
- Desk lamp
- Snacks to eat between meals & activities

\*Every year during Welcoming, Stellenbosch experiences a recurring stomach bug that has become known as "Stellie Bellie." While not everyone is affected, we encourage all newcomers to be prepared. To help manage or prevent symptoms, please consider bringing the following items with you: Emo, a probiotic, Salticrax and electrolytes. We also strongly remind everyone to wash your hands regularly and maintain good hygiene practices throughout Welcoming

\*\* we recommend that you do not purchase some of these items before discussing it with your roommate and/or seeing your room \*\*

# Eco-friendly living

How to reduce your carbon footprint  
and join the Net Zero Carbon journey

## Water

- Water restrictions still apply.
- Use only 80 L /person/day.
- Shower 3 -5 min.
- Use eco-friendly personal products.
- No rinsing or washing with running water.

## Energy

- Use LED lamps only.
- Limit fridge use to one 150 L bar fridge per room.
- Air dry clothes when possible.
- Turn off lights & unplug devices when not in use.
- Use A++ energy efficient appliances (low wattage).

## Transport

- Everything is within easy walking distance on campus.
- Walk or cycle instead of driving.
- Hire a Matie bike.
- Share rides or use shuttles.

## Waste

- SUhasa zero waste to landfill goal.
- Buy less items that must be thrown away.
- Bring reusable bags, cups, bottles and containers - no single use items.
- Compost food scraps & sort recyclables properly.
- No wet items in the recycling bin.

## Get involved

- Join your community Green/ Sustainability Com.
- Follow: @su.environmental.sust